



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

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## Nutrition & Food Insecurity Profile

### Alpine County

| Demographic Data         |                                   |  |
|--------------------------|-----------------------------------|--|
| Total Population<br>2014 | Individuals in Poverty<br>2009-13 | Percent of Individuals in Poverty<br>2009-13 |
| 1,116                    | 184                               | 17%  |

| Demographic Data: Children           |  |  |
|--------------------------------------|--|--|
| Children 0 to 5 Years Old<br>2009-13 | Children 6 to 17 Years Old<br>2009-13        | All Children Under 18<br>2009-13                                       |
| 35                                   | 164  | 199  |
| Children<br>in Poverty<br>2009-13    | Percent of Children<br>in Poverty<br>2009-13 | Students Eligible for Free or<br>Reduced-Price School Meals<br>2013-14 |
| 33                                   | 17%  | 52   |

| Food Insecurity Measures                        |  |
|---|--|
| Low-Income,<br>Food-Insecure Households<br>2014 | Percent of Low-Income Households<br>That Are Food Insecure<br>2014 |
| 23,000*   | 54%*   |

| Health Measures  |  |   |
|--|--|---|
| Percent of Adults Who Are<br>Overweight or Obese<br>2014 | Adults Ever Diagnosed with<br>Heart Disease<br>2011-12 | Percent of Children in Healthy Fitness Zone:<br>Body Composition<br>2012-13 |
| 62%*   | 14,000*  | %   |

| CalFresh                               |  |   |  |                                     |  |
|--|--|---|--|-------------------------------------|--|
| Individuals<br>Participating<br>15-May | Income-Eligible<br>Individuals<br>2013 | Income-Eligible<br>Non-Participants<br>2013 | County Program<br>Access Index (PAI)<br>2013 | PAI County Rank<br>1 = best<br>2013 | Additional Economic Activity w/<br>Full CalFresh Participation<br>2012 |
| 170                                    | 219                                    | 62  | 0.71   | 11                                  | \$49,800   |

| Child and Adult Care Food Program (CACFP) |                                   |  |
|---|-----------------------------------|--|
| Licensed Childcare Facilities<br>2012     | Licensed Child Care Slots<br>2012 | Children Participating in CACFP<br>2011-12 |
| 2   | 63                                | 0  |

| <b>National School Lunch &amp; Breakfast Programs</b>  |   |
|--|---|
| <b>Number of Low-Income Students Reached by School Lunch<br/>2013-14</b>                                       | <b>Number of Low-Income Students Reached by School Breakfast<br/>2013-14</b>  |
| <b>47</b>  | <b>32</b>   |
| <b>Percent of Low-Income Students Reached by School Lunch<br/>2013-14</b>                                      | <b>Percent of Low-Income Students Reached by School Breakfast<br/>2013-14</b>   |
| <b>91%</b>   | <b>62%</b>  |
| <b>Percent of School Lunch Participants Who Also Eat School Breakfast:<br/>Low-Income Students<br/>2013-14</b> | <b>Additional Federal Meal Reimbursements That Could Be Received<br/>per School Year with Increased Breakfast Participation<br/>2013-14</b> |
| <b>69%</b>   | <b>\$5,000</b>  |

| <b>Summer Meal Programs</b>   |  |
|---|--|
| <b>Summer Meal Program Participation<br/>Among Low-Income Children<br/>2014</b> | <b>Percent of School Lunch Participants<br/>Reached During the Summer<br/>2014</b> |
| <b>0</b>  | <b>0%</b>  |

| <b>WIC &amp; Breastfeeding Measures</b>                  |   |   |
|--|---|---|
| <b>WIC Participants Served by County Agency<br/>2013</b> | <b>Breastfeeding: In-Hospital Initiation<br/>2012</b> | <b>Exclusive Breastfeeding: In-Hospital Initiation<br/>2012</b> |
| <b>Coming Soon</b>                                       | <b>%</b>  | <b>%</b>  |

Values marked by an asterisk (\*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

Blank values indicate that data were not available.

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*California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians' access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.*