

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Alpine (AP)

	Alpine County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					NR
<b>Length of Life</b>					NR
Premature death			5,200	5,300	
<b>Quality of Life</b>					NR
Poor or fair health**	16%	15-16%	12%	17%	
Poor physical health days**	4.2	4.1-4.2	2.9	3.8	
Poor mental health days**	4.1	4.0-4.2	2.8	3.6	
Low birthweight			6%	7%	
<b>Health Factors</b>					NR
<b>Health Behaviors</b>					NR
Adult smoking**	16%	15-16%	14%	12%	
Adult obesity	24%	18-31%	25%	23%	
Food environment index	6.1		8.3	7.7	
Physical inactivity	18%	13-24%	20%	17%	
Access to exercise opportunities	97%		91%	94%	
Excessive drinking**	18%	18-18%	12%	18%	
Alcohol-impaired driving deaths	17%	1-43%	14%	30%	
Sexually transmitted infections			134.1	439.9	
Teen births	48		19	32	
<b>Clinical Care</b>					NR
Uninsured	18%	15-20%	11%	19%	
Primary care physicians	1,160:0		1,040:1	1,270:1	
Dentists	1,120:0		1,340:1	1,260:1	
Mental health providers	160:1		370:1	360:1	
Preventable hospital stays			38	41	
Diabetic monitoring	76%	35-100%	90%	81%	
Mammography screening			71%	59%	
<b>Social &amp; Economic Factors</b>					NR
High school graduation			93%	85%	
Some college	71%	61-81%	72%	62%	
Unemployment	8.8%		3-5%	7-5%	
Children in poverty	28%	20-36%	13%	23%	
Income inequality	5.2	3.4-6.9	3.7	5.2	
Children in single-parent households	29%	16-42%	21%	32%	
Social associations	8.6		22.1	5.8	
Violent crime	719		59	425	
Injury deaths			51	46	
<b>Physical Environment</b>					NR
Air pollution - particulate matter	10.3		9.5	9.3	
Drinking water violations	No		No		
Severe housing problems	14%	7-22%	9%	29%	
Driving alone to work	56%	40-72%	71%	73%	
Long commute - driving alone	54%	22-86%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods