

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Colusa (CO)

	Colusa County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
Health Outcomes					17
Length of Life					26
Premature death	5,943	4,800-7,086	5,200	5,295	
Quality of Life					7
Poor or fair health			10%	18%	
Poor physical health days	2.9	1.4-4.5	2.5	3.7	
Poor mental health days	2.6	1.2-3.9	2.3	3.6	
Low birthweight	5.9%	5.0-6.8%	5.9%	6.8%	
Health Factors					35
Health Behaviors					22
Adult smoking			14%	13%	
Adult obesity	22%	16-29%	25%	23%	
Food environment index	7.0		8.4	7.5	
Physical inactivity	16%	11-22%	20%	17%	
Access to exercise opportunities	73%		92%	93%	
Excessive drinking			10%	17%	
Alcohol-impaired driving deaths	21%		14%	31%	
Sexually transmitted infections	182		138	441	
Teen births	45	39-51	20	34	
Clinical Care					50
Uninsured	23%	21-25%	11%	20%	
Primary care physicians	3,059:1		1,045:1	1,294:1	
Dentists	3,051:1		1,377:1	1,291:1	
Mental health providers	647:1		386:1	376:1	
Preventable hospital stays	65	54-76	41	45	
Diabetic monitoring	89%	79-99%	90%	81%	
Mammography screening	58.7%	47.4-69.9%	70.7%	59.3%	
Social & Economic Factors					45
High school graduation	86%			83%	
Some college	42.8%	36.7-48.9%	71.0%	61.7%	
Unemployment	18.4%		4.0%	8.9%	
Children in poverty	20%	15-25%	13%	24%	
Income inequality	3.7	3.4-4.1	3.7	5.1	
Children in single-parent households	33%	26-41%	20%	32%	
Social associations	8.9		22.0	5.8	
Violent crime	216		59	425	
Injury deaths	55	42-71	50	46	
Physical Environment					5
Air pollution - particulate matter	7.6		9.5	9.3	
Drinking water violations	2%		0%	3%	
Severe housing problems	22%	18-25%	9%	29%	
Driving alone to work	75%	72-79%	71%	73%	
Long commute - driving alone	26%	21-30%	15%	37%	

* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data