



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

Contact: Tia Shimada at 510.433.1122 x109 or tia@cfpa.net.

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Nutrition & Food Insecurity Profile

Colusa County

Demographic Data			
Total Population 2015	·		
21,482	3,068	14%	

Demographic Data: Children			
Children 0 to 5 Years Old 2010-14 Children 6 to 17 Years Old 2010-14		All Children Under 18 2010-14	
1,999	4,089	6,088	
Children	Percent of Children	Students Eligible: Free or	
in Poverty	in Poverty	Reduced-Price School Meals	
2010-14	2010-14	2014-15	
1,262	21%	3,164	

Food Insecurity Measures		
Low-Income,	Percent of Low-Income Households	
Food-Insecure Households	That are Food Insecure	
2014	2014	
27,000*	58%*	

Health Measures			
Percent of Adults Who Are	Percent of Adults Ever Diagnosed with	Percent of Children in Healthy Fitness Zone:	
Overweight or Obese	Diabetes	Body Composition	
2014	2014	2014-15	
61%*	9%*	52%	

	CalFresh				
Individuals	Income-Eligible	Income-Eligible	County Program	PAI County Rank	Additional Economic Activity w/
Participating	Individuals	Non-Participants	Access Index (PAI)	1 = best	Full CalFresh Participation
16-Feb	2013	2013	2013	2013	2013
1,370	4,131	2,398	0.42	49	\$4,120,000

Child and Adult Care Food Program (CACFP)			
Licensed Childcare Facilities 2014			
67	1,026	405	

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National School Lunch & Breakfast Programs			
Number of Low-Income Students Reached by School Lunch 2014-15	Number of Low-Income Students Reached by School Breakfast 2014-15		
2,432	1,309		
Percent of Low-Income Students Reached by School Lunch 2014-15	Percent of Low-Income Students Reached by School Breakfast 2014-15		
77%	41%		
Percent of School Lunch Participants Also Reached by School Breakfast: Low-Income Students 2014-15	Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2014-15		
54%	\$378,000		

Summer Meal Programs		
Summer Meal Program Participation	Percent of School Lunch Participants	
Among Low-Income Children	Reached During the Summer	
2015	2015	
264	12%	

WIC & Breastfeeding Measures			
WIC Participants 2014	3	Breastfeeding: In-Hospital Initiation 2014	Exclusive Breastfeeding: In-Hospital Initiation 2014
5,721*		94%	52%

Values marked by an asterisk (*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

County groups for WIC data only:

- Colusa, Glenn, Tehama, and Trinity Counties
- Del Norte, Lassen, Modoc, Nevada, Plumas, Sierra, and Siskiyou Counties
- Lake and Mendocino Counties
- Sutter and Yolo Counties

Blank values indicate that data are not available.

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California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.

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