

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Colusa (CO)

	Colusa County	Error Margin	Top U.S. Performers [^]	California	Rank (of 57)
Health Outcomes					34
Length of Life					28
Premature death	6,300	5,100-7,400	5,200	5,300	
Quality of Life					41
Poor or fair health**	21%	20-22%	12%	17%	
Poor physical health days**	4.3	4.2-4.5	2.9	3.8	
Poor mental health days**	4.0	3.9-4.1	2.8	3.6	
Low birthweight	6%	5-7%	6%	7%	
Health Factors					40
Health Behaviors					27
Adult smoking**	14%	14-15%	14%	12%	
Adult obesity	24%	18-31%	25%	23%	
Food environment index	7.6		8.3	7.7	
Physical inactivity	16%	11-23%	20%	17%	
Access to exercise opportunities	57%		91%	94%	
Excessive drinking**	18%	17-18%	12%	18%	
Alcohol-impaired driving deaths	14%	6-23%	14%	30%	
Sexually transmitted infections	107.4		134.1	439.9	
Teen births	44	38-49	19	32	
Clinical Care					51
Uninsured	24%	22-26%	11%	19%	
Primary care physicians	3,050:1		1,040:1	1,270:1	
Dentists	3,060:1		1,340:1	1,260:1	
Mental health providers	590:1		370:1	360:1	
Preventable hospital stays	54	45-64	38	41	
Diabetic monitoring	86%	76-96%	90%	81%	
Mammography screening	60%	49-71%	71%	59%	
Social & Economic Factors					49
High school graduation	83%		93%	85%	
Some college	43%	37-49%	72%	62%	
Unemployment	17.5%		3.5%	7.5%	
Children in poverty	20%	15-25%	13%	23%	
Income inequality	3.8	3.3-4.2	3.7	5.2	
Children in single-parent households	32%	25-40%	21%	32%	
Social associations	8.4		22.1	5.8	
Violent crime	216		59	425	
Injury deaths	63	49-80	51	46	
Physical Environment					2
Air pollution - particulate matter	7.6		9.5	9.3	
Drinking water violations	No		No		
Severe housing problems	19%	15-23%	9%	29%	
Driving alone to work	76%	72-80%	71%	73%	
Long commute - driving alone	28%	23-33%	15%	38%	

[^] 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods