

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Del Norte (DE)

	Del Norte County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					<b>44</b>
<b>Length of Life</b>					<b>51</b>
Premature death	8,700	7,500-9,900	5,200	5,300	
<b>Quality of Life</b>					<b>19</b>
Poor or fair health**	17%	17-18%	12%	17%	
Poor physical health days**	4.3	4.2-4.5	2.9	3.8	
Poor mental health days**	4.0	3.9-4.2	2.8	3.6	
Low birthweight	5%	4-6%	6%	7%	
<b>Health Factors</b>					<b>44</b>
<b>Health Behaviors</b>					<b>52</b>
Adult smoking**	16%	16-17%	14%	12%	
Adult obesity	27%	21-34%	25%	23%	
Food environment index	5.9		8.3	7.7	
Physical inactivity	18%	13-24%	20%	17%	
Access to exercise opportunities	67%		91%	94%	
Excessive drinking**	19%	19-20%	12%	18%	
Alcohol-impaired driving deaths	22%	14-30%	14%	30%	
Sexually transmitted infections	63.6		134.1	439.9	
Teen births	53	48-59	19	32	
<b>Clinical Care</b>					<b>32</b>
Uninsured	17%	15-18%	11%	19%	
Primary care physicians	1,330:1		1,040:1	1,270:1	
Dentists	1,300:1		1,340:1	1,260:1	
Mental health providers	270:1		370:1	360:1	
Preventable hospital stays	59	50-67	38	41	
Diabetic monitoring	86%	78-95%	90%	81%	
Mammography screening	54%	46-62%	71%	59%	
<b>Social &amp; Economic Factors</b>					<b>52</b>
High school graduation	89%		93%	85%	
Some college	45%	39-51%	72%	62%	
Unemployment	10.2%		3.5%	7.5%	
Children in poverty	31%	23-39%	13%	23%	
Income inequality	5.8	4.5-7.2	3.7	5.2	
Children in single-parent households	46%	36-57%	21%	32%	
Social associations	6.5		22.1	5.8	
Violent crime	493		59	425	
Injury deaths	106	89-123	51	46	
<b>Physical Environment</b>					<b>4</b>
Air pollution - particulate matter	8.0		9.5	9.3	
Drinking water violations	No		No		
Severe housing problems	24%	20-29%	9%	29%	
Driving alone to work	76%	73-79%	71%	73%	
Long commute - driving alone	9%	6-12%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods

2016