Humboldt (HU)

	Humboldt County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
Health Outcomes					**34**
Length of Life					**49**
Premature death	8,140	7,590-8,691	5,200	5,295	
Quality of Life					**9**
Poor or fair health	12%	9-16%	10%	18%	
Poor physical health days	4.1	3.4-4.8	2.5	3.7	
Poor mental health days	3.9	3.0-4.7	2.3	3.6	
Low birthweight	5.5%	5.1-5.9%	5.9%	6.8%	
Health Factors					**23**
Health Behaviors					**41**
Adult smoking	19%	15-23%	14%	13%	
Adult obesity	26%	22-30%	25%	23%	
Food environment index	6.5		8.4	7.5	
Physical inactivity	15%	12-18%	20%	17%	
Access to exercise opportunities	86%		92%	93%	
Excessive drinking	22%	18-27%	10%	17%	
Alcohol-impaired driving deaths	33%		14%	31%	
Sexually transmitted infections	297		138	441	
Teen births	26	24-28	20	34	
Clinical Care					**19**
Uninsured	21%	19-23%	11%	20%	
Primary care physicians	1,390:1		1,045:1	1,294:1	
Dentists	1,281:1		1,377:1	1,291:1	
Mental health providers	291:1		386:1	376:1	
Preventable hospital stays	39	36-42	41	45	
Diabetic monitoring	86%	82-91%	90%	81%	
Mammography screening	66.4%	62.2-70.5%	70.7%	59.3%	
Social & Economic Factors					**26**
High school graduation	89%			83%	
Some college	66.2%	62.8-69.6%	71.0%	61.7%	
Unemployment	8.8%		4.0%	8.9%	
Children in poverty	26%	21-30%	13%	24%	
Income inequality	4.7	4.4-5.0	3.7	5.1	
Children in single-parent households	39%	35-44%	20%	32%	
Social associations	9.6		22.0	5.8	
Violent crime	334		59	425	
Injury deaths	103	95-110	50	46	
Physical Environment					**10**
Air pollution - particulate matter	8.2		9.5	9.3	
Drinking water violations	0%		0%	3%	
Severe housing problems	25%	24-27%	9%	29%	
Driving alone to work	72%	71-74%	71%	73%	
Long commute - driving alone	15%	13-17%	15%	37%	

* 90th percentile, i.e., only 10% are better.
Note: Blank values reflect unreliable or missing data