



*We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.*

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**Updated 7.7.2016**

## Nutrition & Food Insecurity Profile

### Humboldt County

Demographic Data		
Total Population 2015	Individuals in Poverty 2014	Percent of Individuals in Poverty 2014
135,727	27,977	21%

Demographic Data: Children		
Children 0 to 5 Years Old 2014	Children 6 to 17 Years Old 2014	All Children Under 18 2014
9,051	16,719	25,770
Children in Poverty 2014	Percent of Children in Poverty 2014	Students Eligible: Free or Reduced-Price School Meals 2014-15
5,753	22%	8,174

Food Insecurity Measures	
Low-Income, Food-Insecure Households 2013-14	Percent of Low-Income Households That are Food Insecure 2013-14
	44%

Health Measures		
Percent of Adults Who Are Overweight or Obese 2014	Percent of Adults Ever Diagnosed with Diabetes 2013-14	Percent of Children in Healthy Fitness Zone: Body Composition 2014-15
64%	6%	59%

CalFresh					
Individuals Participating 16-Feb	Income-Eligible Individuals 2013	Income-Eligible Non-Participants 2013	County Program Access Index (PAI) 2013	PAI County Rank 1 = best 2013	Additional Economic Activity w/ Full CalFresh Participation 2013
21,322	30,186	13,989	0.53	33	\$31,300,000

Child and Adult Care Food Program (CACFP)		
Licensed Childcare Facilities 2014	Licensed Child Care Slots 2014	Children Participating in CACFP 2011-12
188	3,157	1,809

National School Lunch & Breakfast Programs	
Number of Low-Income Students Reached by School Lunch 2014-15	Number of Low-Income Students Reached by School Breakfast 2014-15
5,445	2,842
Percent of Low-Income Students Reached by School Lunch 2014-15	Percent of Low-Income Students Reached by School Breakfast 2014-15
67%	35%
Percent of School Lunch Participants Also Reached by School Breakfast: Low-Income Students 2014-15	Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2014-15
52%	\$885,000

Summer Meal Programs	
Summer Meal Program Participation Among Low-Income Children 2015	Percent of School Lunch Participants Reached During the Summer 2015
604	13%

WIC & Breastfeeding Measures		
WIC Participants 2014	Breastfeeding: In-Hospital Initiation 2014	Exclusive Breastfeeding: In-Hospital Initiation 2014
3,521	93%	75%

Values marked by an asterisk (\*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

County groups for WIC data only:

- Colusa, Glenn, Tehama, and Trinity Counties
- Del Norte, Lassen, Modoc, Nevada, Plumas, Sierra, and Siskiyou Counties
- Lake and Mendocino Counties
- Sutter and Yolo Counties

Blank values indicate that data are not available.

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California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.