

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Humboldt (HU)

	Humboldt County	Error Margin	Top U.S. Performers^	California	Rank (of 57)
Health Outcomes					43
Length of Life					50
Premature death	8,400	7,900-9,000	5,200	5,300	
Quality of Life					21
Poor or fair health**	15%	14-15%	12%	17%	
Poor physical health days**	4.1	3.9-4.3	2.9	3.8	
Poor mental health days**	4.1	3.9-4.2	2.8	3.6	
Low birthweight	5%	5-6%	6%	7%	
Health Factors					28
Health Behaviors					39
Adult smoking**	15%	15-16%	14%	12%	
Adult obesity	25%	20-29%	25%	23%	
Food environment index	6.3		8.3	7.7	
Physical inactivity	14%	11-17%	20%	17%	
Access to exercise opportunities	84%		91%	94%	
Excessive drinking**	20%	19-21%	12%	18%	
Alcohol-impaired driving deaths	35%	31-40%	14%	30%	
Sexually transmitted infections	287.8		134.1	439.9	
Teen births	25	23-26	19	32	
Clinical Care					20
Uninsured	21%	19-23%	11%	19%	
Primary care physicians	1,400:1		1,040:1	1,270:1	
Dentists	1,260:1		1,340:1	1,260:1	
Mental health providers	280:1		370:1	360:1	
Preventable hospital stays	33	31-36	38	41	
Diabetic monitoring	85%	81-90%	90%	81%	
Mammography screening	65%	61-69%	71%	59%	
Social & Economic Factors					25
High school graduation	88%		93%	85%	
Some college	66%	62-69%	72%	62%	
Unemployment	6.8%		3.5%	7.5%	
Children in poverty	24%	19-29%	13%	23%	
Income inequality	4.8	4.5-5.1	3.7	5.2	
Children in single-parent households	41%	37-45%	21%	32%	
Social associations	9.4		22.1	5.8	
Violent crime	334		59	425	
Injury deaths	103	96-111	51	46	
Physical Environment					22
Air pollution - particulate matter	8.2		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	26%	25-27%	9%	29%	
Driving alone to work	73%	72-75%	71%	73%	
Long commute - driving alone	16%	14-17%	15%	38%	

^ 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods

2016