

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Lake (LA)

	Lake County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					<b>56</b>
<b>Length of Life</b>					<b>57</b>
Premature death	10,600	9,700-11,600	5,200	5,300	
<b>Quality of Life</b>					<b>40</b>
Poor or fair health**	18%	17-18%	12%	17%	
Poor physical health days**	4.3	4.1-4.4	2.9	3.8	
Poor mental health days**	4.2	4.1-4.4	2.8	3.6	
Low birthweight	6%	5-7%	6%	7%	
<b>Health Factors</b>					<b>50</b>
<b>Health Behaviors</b>					<b>50</b>
Adult smoking**	15%	15-16%	14%	12%	
Adult obesity	27%	21-32%	25%	23%	
Food environment index	6.0		8.3	7.7	
Physical inactivity	22%	17-28%	20%	17%	
Access to exercise opportunities	87%		91%	94%	
Excessive drinking**	17%	16-18%	12%	18%	
Alcohol-impaired driving deaths	38%	32-44%	14%	30%	
Sexually transmitted infections	243.8		134.1	439.9	
Teen births	43	39-46	19	32	
<b>Clinical Care</b>					<b>44</b>
Uninsured	20%	18-22%	11%	19%	
Primary care physicians	1,640:1		1,040:1	1,270:1	
Dentists	2,290:1		1,340:1	1,260:1	
Mental health providers	300:1		370:1	360:1	
Preventable hospital stays	50	45-54	38	41	
Diabetic monitoring	80%	75-85%	90%	81%	
Mammography screening	54%	49-59%	71%	59%	
<b>Social &amp; Economic Factors</b>					<b>47</b>
High school graduation	88%		93%	85%	
Some college	53%	48-58%	72%	62%	
Unemployment	8.9%		3.5%	7.5%	
Children in poverty	32%	25-40%	13%	23%	
Income inequality	5.0	4.6-5.4	3.7	5.2	
Children in single-parent households	42%	35-49%	21%	32%	
Social associations	6.9		22.1	5.8	
Violent crime	512		59	425	
Injury deaths	133	120-146	51	46	
<b>Physical Environment</b>					<b>30</b>
Air pollution - particulate matter	7.2		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	28%	26-31%	9%	29%	
Driving alone to work	74%	71-78%	71%	73%	
Long commute - driving alone	36%	32-40%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods

2016