

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Lassen (LS)

	Lassen County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
<b>Health Outcomes</b>					<b>36</b>
<b>Length of Life</b>					<b>36</b>
Premature death	6,821	5,841-7,801	5,200	5,295	
<b>Quality of Life</b>					<b>39</b>
Poor or fair health	18%	13-26%	10%	18%	
Poor physical health days	4.2	3.1-5.3	2.5	3.7	
Poor mental health days	4.1	2.7-5.5	2.3	3.6	
Low birthweight	6.6%	5.5-7.6%	5.9%	6.8%	
<b>Health Factors</b>					<b>38</b>
<b>Health Behaviors</b>					<b>39</b>
Adult smoking	18%	11-29%	14%	13%	
Adult obesity	24%	19-30%	25%	23%	
Food environment index	4.3		8.4	7.5	
Physical inactivity	17%	12-21%	20%	17%	
Access to exercise opportunities	51%		92%	93%	
Excessive drinking	21%	13-31%	10%	17%	
Alcohol-impaired driving deaths	21%		14%	31%	
Sexually transmitted infections	172		138	441	
Teen births	34	30-39	20	34	
<b>Clinical Care</b>					<b>39</b>
Uninsured	13%	12-15%	11%	20%	
Primary care physicians	2,104:1		1,045:1	1,294:1	
Dentists	919:1		1,377:1	1,291:1	
Mental health providers	346:1		386:1	376:1	
Preventable hospital stays	63	54-72	41	45	
Diabetic monitoring	77%	67-86%	90%	81%	
Mammography screening	51.7%	43.0-60.4%	70.7%	59.3%	
<b>Social &amp; Economic Factors</b>					<b>31</b>
High school graduation	86%			83%	
Some college	42.6%	38.5-46.8%	71.0%	61.7%	
Unemployment	10.8%		4.0%	8.9%	
Children in poverty	20%	15-24%	13%	24%	
Income inequality	4.3	3.6-4.9	3.7	5.1	
Children in single-parent households	35%	26-44%	20%	32%	
Social associations	6.2		22.0	5.8	
Violent crime	353		59	425	
Injury deaths	84	71-98	50	46	
<b>Physical Environment</b>					<b>36</b>
Air pollution - particulate matter	11.1		9.5	9.3	
Drinking water violations	1%		0%	3%	
Severe housing problems	22%	18-26%	9%	29%	
Driving alone to work	75%	72-79%	71%	73%	
Long commute - driving alone	15%	12-19%	15%	37%	

\* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data