

Mendocino (ME)

	Mendocino County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
Health Outcomes					35
Length of Life					45
Premature death	7,323	6,670-7,976	5,200	5,295	
Quality of Life					28
Poor or fair health	16%	12-21%	10%	18%	
Poor physical health days	4.2	3.0-5.4	2.5	3.7	
Poor mental health days	4.0	2.7-5.2	2.3	3.6	
Low birthweight	6.1%	5.5-6.6%	5.9%	6.8%	
Health Factors					31
Health Behaviors					45
Adult smoking	18%	12-27%	14%	13%	
Adult obesity	24%	20-29%	25%	23%	
Food environment index	6.8		8.4	7.5	
Physical inactivity	18%	14-22%	20%	17%	
Access to exercise opportunities	75%		92%	93%	
Excessive drinking	24%	16-34%	10%	17%	
Alcohol-impaired driving deaths	27%		14%	31%	
Sexually transmitted infections	403		138	441	
Teen births	39	36-41	20	34	
Clinical Care					23
Uninsured	22%	20-24%	11%	20%	
Primary care physicians	1,053:1		1,045:1	1,294:1	
Dentists	1,301:1		1,377:1	1,291:1	
Mental health providers	238:1		386:1	376:1	
Preventable hospital stays	36	33-39	41	45	
Diabetic monitoring	84%	79-89%	90%	81%	
Mammography screening	58.4%	54.1-62.7%	70.7%	59.3%	
Social & Economic Factors					35
High school graduation	84%			83%	
Some college	53.8%	49.4-58.3%	71.0%	61.7%	
Unemployment	7.7%		4.0%	8.9%	
Children in poverty	29%	22-35%	13%	24%	
Income inequality	4.9	4.5-5.3	3.7	5.1	
Children in single-parent households	37%	32-41%	20%	32%	
Social associations	8.2		22.0	5.8	
Violent crime	501		59	425	
Injury deaths	89	80-97	50	46	
Physical Environment					15
Air pollution - particulate matter	7.3		9.5	9.3	
Drinking water violations	7%		0%	3%	
Severe housing problems	28%	26-30%	9%	29%	
Driving alone to work	72%	70-74%	71%	73%	
Long commute - driving alone	20%	17-22%	15%	37%	

* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data