

Mendocino (ME)

	Mendocino County	Error Margin	Top U.S. Performers [^]	California	Rank (of 57)
Health Outcomes					40
Length of Life					48
Premature death	7,600	6,900-8,300	5,200	5,300	
Quality of Life					37
Poor or fair health**	17%	17-18%	12%	17%	
Poor physical health days**	4.2	4.1-4.4	2.9	3.8	
Poor mental health days**	4.2	4.0-4.3	2.8	3.6	
Low birthweight	6%	5-6%	6%	7%	
Health Factors					32
Health Behaviors					36
Adult smoking**	15%	15-16%	14%	12%	
Adult obesity	23%	19-28%	25%	23%	
Food environment index	6.8		8.3	7.7	
Physical inactivity	18%	14-22%	20%	17%	
Access to exercise opportunities	74%		91%	94%	
Excessive drinking**	17%	17-18%	12%	18%	
Alcohol-impaired driving deaths	28%	22-33%	14%	30%	
Sexually transmitted infections	383.2		134.1	439.9	
Teen births	38	35-41	19	32	
Clinical Care					22
Uninsured	22%	20-24%	11%	19%	
Primary care physicians	1,050:1		1,040:1	1,270:1	
Dentists	1,290:1		1,340:1	1,260:1	
Mental health providers	220:1		370:1	360:1	
Preventable hospital stays	31	28-34	38	41	
Diabetic monitoring	85%	80-90%	90%	81%	
Mammography screening	59%	54-63%	71%	59%	
Social & Economic Factors					38
High school graduation	84%		93%	85%	
Some college	55%	51-59%	72%	62%	
Unemployment	6.9%		3.5%	7.5%	
Children in poverty	26%	20-33%	13%	23%	
Income inequality	4.9	4.5-5.3	3.7	5.2	
Children in single-parent households	38%	34-43%	21%	32%	
Social associations	8.4		22.1	5.8	
Violent crime	501		59	425	
Injury deaths	87	79-96	51	46	
Physical Environment					18
Air pollution - particulate matter	7.3		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	28%	26-30%	9%	29%	
Driving alone to work	73%	71-76%	71%	73%	
Long commute - driving alone	21%	18-23%	15%	38%	

[^] 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods