

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Modoc (MO)

	Modoc County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					<b>57</b>
<b>Length of Life</b>					<b>55</b>
Premature death	10,200	7,500-12,900	5,200	5,300	
<b>Quality of Life</b>					<b>48</b>
Poor or fair health**	16%	16-17%	12%	17%	
Poor physical health days**	4.2	4.0-4.3	2.9	3.8	
Poor mental health days**	4.2	4.0-4.3	2.8	3.6	
Low birthweight	7%	5-9%	6%	7%	
<b>Health Factors</b>					<b>38</b>
<b>Health Behaviors</b>					<b>38</b>
Adult smoking**	14%	14-15%	14%	12%	
Adult obesity	25%	19-32%	25%	23%	
Food environment index	5.5		8.3	7.7	
Physical inactivity	21%	15-28%	20%	17%	
Access to exercise opportunities	42%		91%	94%	
Excessive drinking**	17%	16-18%	12%	18%	
Alcohol-impaired driving deaths	36%	21-50%	14%	30%	
Sexually transmitted infections	150.1		134.1	439.9	
Teen births	36	28-45	19	32	
<b>Clinical Care</b>					<b>45</b>
Uninsured	23%	21-25%	11%	19%	
Primary care physicians	1,830:1		1,040:1	1,270:1	
Dentists	1,290:1		1,340:1	1,260:1	
Mental health providers	410:1		370:1	360:1	
Preventable hospital stays	50	39-61	38	41	
Diabetic monitoring	84%	70-98%	90%	81%	
Mammography screening	56%	44-68%	71%	59%	
<b>Social &amp; Economic Factors</b>					<b>37</b>
High school graduation	90%		93%	85%	
Some college	70%	58-82%	72%	62%	
Unemployment	10.5%		3.5%	7.5%	
Children in poverty	31%	23-40%	13%	23%	
Income inequality	4.3	3.3-5.3	3.7	5.2	
Children in single-parent households	24%	12-37%	21%	32%	
Social associations	5.5		22.1	5.8	
Violent crime	440		59	425	
Injury deaths	125	95-161	51	46	
<b>Physical Environment</b>					<b>3</b>
Air pollution - particulate matter	10.0		9.5	9.3	
Drinking water violations	No		No		
Severe housing problems	19%	14-24%	9%	29%	
Driving alone to work	66%	61-71%	71%	73%	
Long commute - driving alone	14%	9-19%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods