



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

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## **Nutrition & Food Insecurity Profile**

## **Mono County**

Demographic Data		
Total Population 2015	Percent of Individuals in Poverty 2010-14	
13,909	704	5%

Demographic Data: Children		
Children 0 to 5 Years Old 2010-14	Children 6 to 17 Years Old 2010-14	All Children Under 18 2010-14
950	1,903	2,853
Children	Percent of Children	Students Eligible: Free or
in Poverty	in Poverty	Reduced-Price School Meals
2010-14	2010-14	2014-15
156	5%	703

Food Insecurity Measures		
Low-Income,	Percent of Low-Income Households	
Food-Insecure Households	That are Food Insecure	
2014	2014	
23,000*	54%*	

Health Measures			
Percent of Adults Who Are	Percent of Adults Ever Diagnosed with	Percent of Children in Healthy Fitness Zone:	
Overweight or Obese	Diabetes	<b>Body Composition</b>	
2014	2014	2014-15	
62%*	9%*	73%	

	CalFresh				
Individuals	Income-Eligible	Income-Eligible	County Program	PAI County Rank	Additional Economic Activity w/
<b>Participating</b>	Individuals	Non-Participants	Access Index (PAI)	1 = best	Full CalFresh Participation
16-Feb	2013	2013	2013	2013	2013
800	2,156	1,507	0.30	58	\$3,750,000

Child and Adult Care Food Program (CACFP)		
Licensed Childcare Facilities Licensed Child Care Slots 2014 2014		Children Participating in CACFP 2011-12
22	267	0

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National School Lunch & Breakfast Programs		
Number of Low-Income Students Reached by School Lunch 2014-15  Number of Low-Income Students Reached by School Lunch 2014-15		
576	448	
Percent of Low-Income Students Reached by School Lunch 2014-15	Percent of Low-Income Students Reached by School Breakfast 2014-15	
82%	64%	
Percent of School Lunch Participants Also Reached by School Breakfast:  Low-Income Students  2014-15	Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2014-15	
78%	\$50,000	

Summer Meal Programs		
Summer Meal Program Participation	Percent of School Lunch Participants	
Among Low-Income Children	Reached During the Summer	
2015	2015	
8	2%	

WIC & Breastfeeding Measures		
WIC Participants 2014	Breastfeeding: In-Hospital Initiation 2014	Exclusive Breastfeeding: In-Hospital Initiation 2014
3,934*	98%	87%

Values marked by an asterisk (\*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

County groups for WIC data only:

- Colusa, Glenn, Tehama, and Trinity Counties
- Del Norte, Lassen, Modoc, Nevada, Plumas, Sierra, and Siskiyou Counties
- Lake and Mendocino Counties
- Sutter and Yolo Counties

Blank values indicate that data are not available.

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California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.

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