

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Napa (NA)

|                                      | Napa County | Error Margin | Top U.S. Performers* | California | Rank (of 57) |
|--------------------------------------|-------------|--------------|----------------------|------------|--------------|
| <b>Health Outcomes</b>               |             |              |                      |            | <b>13</b>    |
| <b>Length of Life</b>                |             |              |                      |            | <b>7</b>     |
| Premature death                      | 4,739       | 4,329-5,150  | 5,200                | 5,295      |              |
| <b>Quality of Life</b>               |             |              |                      |            | <b>21</b>    |
| Poor or fair health                  | 17%         | 11-25%       | 10%                  | 18%        |              |
| Poor physical health days            | 3.4         | 2.3-4.5      | 2.5                  | 3.7        |              |
| Poor mental health days              | 4.0         | 2.4-5.7      | 2.3                  | 3.6        |              |
| Low birthweight                      | 6.1%        | 5.7-6.6%     | 5.9%                 | 6.8%       |              |
| <b>Health Factors</b>                |             |              |                      |            | <b>16</b>    |
| <b>Health Behaviors</b>              |             |              |                      |            | <b>12</b>    |
| Adult smoking                        | 9%          | 6-13%        | 14%                  | 13%        |              |
| Adult obesity                        | 24%         | 20-29%       | 25%                  | 23%        |              |
| Food environment index               | 8.3         |              | 8.4                  | 7.5        |              |
| Physical inactivity                  | 13%         | 10-17%       | 20%                  | 17%        |              |
| Access to exercise opportunities     | 94%         |              | 92%                  | 93%        |              |
| Excessive drinking                   | 24%         | 18-30%       | 10%                  | 17%        |              |
| Alcohol-impaired driving deaths      | 36%         |              | 14%                  | 31%        |              |
| Sexually transmitted infections      | 247         |              | 138                  | 441        |              |
| Teen births                          | 25          | 23-27        | 20                   | 34         |              |
| <b>Clinical Care</b>                 |             |              |                      |            | <b>22</b>    |
| Uninsured                            | 18%         | 17-20%       | 11%                  | 20%        |              |
| Primary care physicians              | 1,015:1     |              | 1,045:1              | 1,294:1    |              |
| Dentists                             | 1,299:1     |              | 1,377:1              | 1,291:1    |              |
| Mental health providers              | 249:1       |              | 386:1                | 376:1      |              |
| Preventable hospital stays           | 46          | 42-49        | 41                   | 45         |              |
| Diabetic monitoring                  | 80%         | 74-86%       | 90%                  | 81%        |              |
| Mammography screening                | 63.5%       | 58.4-68.7%   | 70.7%                | 59.3%      |              |
| <b>Social &amp; Economic Factors</b> |             |              |                      |            | <b>9</b>     |
| High school graduation               | 88%         |              |                      | 83%        |              |
| Some college                         | 57.7%       | 54.7-60.7%   | 71.0%                | 61.7%      |              |
| Unemployment                         | 6.3%        |              | 4.0%                 | 8.9%       |              |
| Children in poverty                  | 14%         | 10-17%       | 13%                  | 24%        |              |
| Income inequality                    | 4.3         | 4.1-4.6      | 3.7                  | 5.1        |              |
| Children in single-parent households | 28%         | 24-32%       | 20%                  | 32%        |              |
| Social associations                  | 7.2         |              | 22.0                 | 5.8        |              |
| Violent crime                        | 384         |              | 59                   | 425        |              |
| Injury deaths                        | 50          | 45-55        | 50                   | 46         |              |
| <b>Physical Environment</b>          |             |              |                      |            | <b>52</b>    |
| Air pollution - particulate matter   | 7.6         |              | 9.5                  | 9.3        |              |
| Drinking water violations            | 40%         |              | 0%                   | 3%         |              |
| Severe housing problems              | 25%         | 24-27%       | 9%                   | 29%        |              |
| Driving alone to work                | 76%         | 74-78%       | 71%                  | 73%        |              |
| Long commute - driving alone         | 32%         | 30-33%       | 15%                  | 37%        |              |

\* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data