

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Placer (PL)

	Placer County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
<b>Health Outcomes</b>					<b>2</b>
<b>Length of Life</b>					<b>11</b>
Premature death	4,922	4,653-5,191	5,200	5,295	
<b>Quality of Life</b>					<b>1</b>
Poor or fair health	9%	7-11%	10%	18%	
Poor physical health days	2.7	2.2-3.1	2.5	3.7	
Poor mental health days	2.9	2.1-3.6	2.3	3.6	
Low birthweight	5.8%	5.5-6.1%	5.9%	6.8%	
<b>Health Factors</b>					<b>2</b>
<b>Health Behaviors</b>					<b>2</b>
Adult smoking	8%	6-11%	14%	13%	
Adult obesity	23%	20-26%	25%	23%	
Food environment index	8.2		8.4	7.5	
Physical inactivity	14%	12-17%	20%	17%	
Access to exercise opportunities	91%		92%	93%	
Excessive drinking	16%	14-20%	10%	17%	
Alcohol-impaired driving deaths	33%		14%	31%	
Sexually transmitted infections	212		138	441	
Teen births	15	14-16	20	34	
<b>Clinical Care</b>					<b>3</b>
Uninsured	13%	12-14%	11%	20%	
Primary care physicians	863:1		1,045:1	1,294:1	
Dentists	1,017:1		1,377:1	1,291:1	
Mental health providers	455:1		386:1	376:1	
Preventable hospital stays	33	31-35	41	45	
Diabetic monitoring	84%	80-87%	90%	81%	
Mammography screening	69.3%	66.0-72.5%	70.7%	59.3%	
<b>Social &amp; Economic Factors</b>					<b>2</b>
High school graduation	92%			83%	
Some college	76.5%	74.2-78.9%	71.0%	61.7%	
Unemployment	7.6%		4.0%	8.9%	
Children in poverty	10%	7-12%	13%	24%	
Income inequality	4.4	4.2-4.5	3.7	5.1	
Children in single-parent households	22%	20-24%	20%	32%	
Social associations	7.6		22.0	5.8	
Violent crime	203		59	425	
Injury deaths	47	44-51	50	46	
<b>Physical Environment</b>					<b>28</b>
Air pollution - particulate matter	9.3		9.5	9.3	
Drinking water violations	1%		0%	3%	
Severe housing problems	20%	19-21%	9%	29%	
Driving alone to work	78%	78-79%	71%	73%	
Long commute - driving alone	37%	36-38%	15%	37%	

\* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data