

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Placer (PL)

	Placer County	Error Margin	Top U.S. Performers [^]	California	Rank (of 57)
Health Outcomes					5
Length of Life					13
Premature death	4,900	4,700-5,200	5,200	5,300	
Quality of Life					4
Poor or fair health**	11%	11-11%	12%	17%	
Poor physical health days**	3.3	3.1-3.4	2.9	3.8	
Poor mental health days**	3.5	3.3-3.6	2.8	3.6	
Low birthweight	6%	6-6%	6%	7%	
Health Factors					4
Health Behaviors					11
Adult smoking**	11%	11-12%	14%	12%	
Adult obesity	23%	20-26%	25%	23%	
Food environment index	7.9		8.3	7.7	
Physical inactivity	14%	12-17%	20%	17%	
Access to exercise opportunities	92%		91%	94%	
Excessive drinking**	20%	19-21%	12%	18%	
Alcohol-impaired driving deaths	28%	23-33%	14%	30%	
Sexually transmitted infections	222.8		134.1	439.9	
Teen births	13	13-14	19	32	
Clinical Care					3
Uninsured	13%	12-14%	11%	19%	
Primary care physicians	830:1		1,040:1	1,270:1	
Dentists	980:1		1,340:1	1,260:1	
Mental health providers	420:1		370:1	360:1	
Preventable hospital stays	29	27-31	38	41	
Diabetic monitoring	85%	82-89%	90%	81%	
Mammography screening	70%	67-73%	71%	59%	
Social & Economic Factors					3
High school graduation	92%		93%	85%	
Some college	77%	75-79%	72%	62%	
Unemployment	6.3%		3.5%	7.5%	
Children in poverty	10%	8-12%	13%	23%	
Income inequality	4.4	4.2-4.6	3.7	5.2	
Children in single-parent households	23%	21-25%	21%	32%	
Social associations	7.6		22.1	5.8	
Violent crime	203		59	425	
Injury deaths	49	46-52	51	46	
Physical Environment					38
Air pollution - particulate matter	9.3		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	20%	19-21%	9%	29%	
Driving alone to work	79%	78-79%	71%	73%	
Long commute - driving alone	38%	36-40%	15%	38%	

[^] 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods