

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Plumas (PU)

	Plumas County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
Health Outcomes					41
Length of Life					50
Premature death	8,246	6,565-9,927	5,200	5,295	
Quality of Life					17
Poor or fair health			10%	18%	
Poor physical health days	4.1	2.2-6.1	2.5	3.7	
Poor mental health days	3.4	1.6-5.1	2.3	3.6	
Low birthweight	5.7%	4.4-7.0%	5.9%	6.8%	
Health Factors					32
Health Behaviors					25
Adult smoking	14%	8-25%	14%	13%	
Adult obesity	25%	19-30%	25%	23%	
Food environment index	7.1		8.4	7.5	
Physical inactivity	19%	14-25%	20%	17%	
Access to exercise opportunities	95%		92%	93%	
Excessive drinking	18%	11-29%	10%	17%	
Alcohol-impaired driving deaths	33%		14%	31%	
Sexually transmitted infections	325		138	441	
Teen births	24	19-28	20	34	
Clinical Care					32
Uninsured	19%	17-21%	11%	20%	
Primary care physicians	1,293:1		1,045:1	1,294:1	
Dentists	943:1		1,377:1	1,291:1	
Mental health providers	401:1		386:1	376:1	
Preventable hospital stays	51	44-58	41	45	
Diabetic monitoring	78%	69-87%	90%	81%	
Mammography screening	64.2%	56.2-72.3%	70.7%	59.3%	
Social & Economic Factors					32
High school graduation	88%			83%	
Some college	57.9%	50.0-65.8%	71.0%	61.7%	
Unemployment	12.6%		4.0%	8.9%	
Children in poverty	25%	19-31%	13%	24%	
Income inequality	4.9	3.9-5.9	3.7	5.1	
Children in single-parent households	39%	30-49%	20%	32%	
Social associations	18.6		22.0	5.8	
Violent crime	533		59	425	
Injury deaths	87	70-108	50	46	
Physical Environment					57
Air pollution - particulate matter	10.4		9.5	9.3	
Drinking water violations	37%		0%	3%	
Severe housing problems	22%	18-26%	9%	29%	
Driving alone to work	74%	69-79%	71%	73%	
Long commute - driving alone	30%	23-36%	15%	37%	

* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data