

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Plumas (PU)

	Plumas County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					<b>48</b>
<b>Length of Life</b>					<b>52</b>
Premature death	8,800	6,900-10,600	5,200	5,300	
<b>Quality of Life</b>					<b>25</b>
Poor or fair health**	14%	14-14%	12%	17%	
Poor physical health days**	3.8	3.7-4.0	2.9	3.8	
Poor mental health days**	3.9	3.8-4.1	2.8	3.6	
Low birthweight	6%	5-8%	6%	7%	
<b>Health Factors</b>					<b>27</b>
<b>Health Behaviors</b>					<b>26</b>
Adult smoking**	13%	13-14%	14%	12%	
Adult obesity	24%	19-30%	25%	23%	
Food environment index	6.9		8.3	7.7	
Physical inactivity	16%	11-21%	20%	17%	
Access to exercise opportunities	93%		91%	94%	
Excessive drinking**	17%	16-17%	12%	18%	
Alcohol-impaired driving deaths	33%	24-43%	14%	30%	
Sexually transmitted infections	262.9		134.1	439.9	
Teen births	23	19-28	19	32	
<b>Clinical Care</b>					<b>34</b>
Uninsured	18%	16-20%	11%	19%	
Primary care physicians	1,260:1		1,040:1	1,270:1	
Dentists	930:1		1,340:1	1,260:1	
Mental health providers	400:1		370:1	360:1	
Preventable hospital stays	53	46-60	38	41	
Diabetic monitoring	77%	68-86%	90%	81%	
Mammography screening	65%	57-73%	71%	59%	
<b>Social &amp; Economic Factors</b>					<b>28</b>
High school graduation	93%		93%	85%	
Some college	61%	53-69%	72%	62%	
Unemployment	11.7%		3.5%	7.5%	
Children in poverty	22%	16-28%	13%	23%	
Income inequality	4.9	4.0-5.8	3.7	5.2	
Children in single-parent households	36%	26-45%	21%	32%	
Social associations	18.0		22.1	5.8	
Violent crime	533		59	425	
Injury deaths	100	81-122	51	46	
<b>Physical Environment</b>					<b>40</b>
Air pollution - particulate matter	10.4		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	20%	17-24%	9%	29%	
Driving alone to work	74%	68-80%	71%	73%	
Long commute - driving alone	31%	24-37%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods