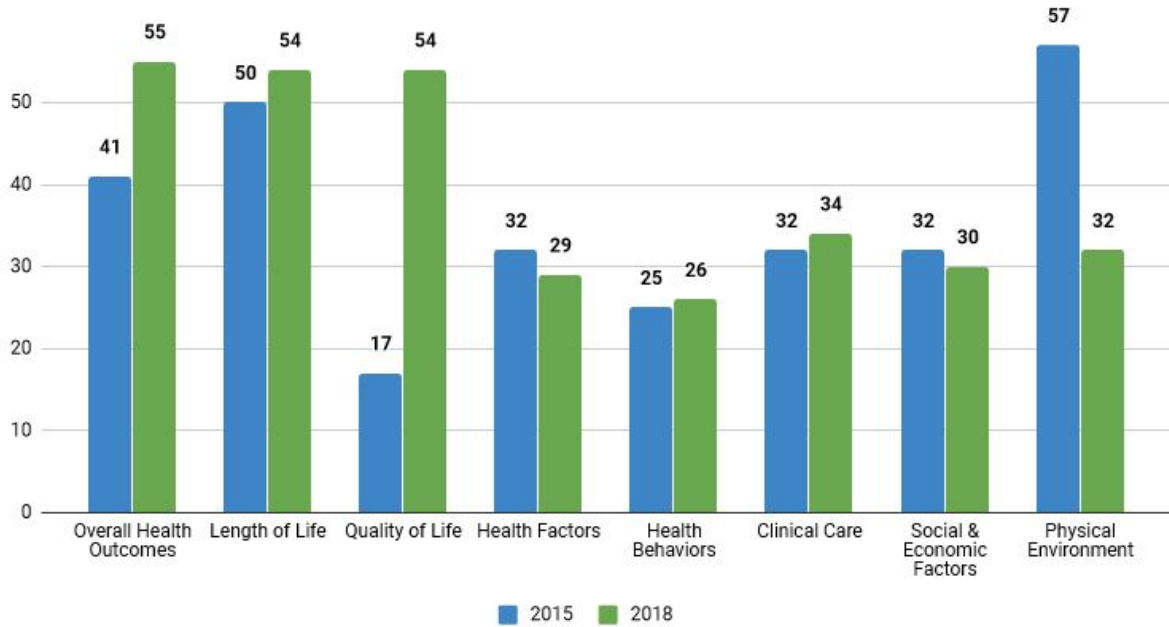


Plumas County Health Ranking of 57 California Counties (Lower # is Better)

Source: Robert Wood Johnson Foundation Health Outcomes



Total Health Ranking Score is a combination of Length of Life and Quality of Life. Length of Life ranking includes premature death rates. Quality of Life ranking include: poor or fair health, poor physical and mental health, and low birth weight rates. Health Factors is a combination of Health Behaviors, Clinical Care, Social & Economic Factors, and Physical Environment. Health Behaviors include: adult smoking, adult obesity, food environment index, physical inactivity, access to exercise opportunities, excessive drinking, alcohol-impaired driving deaths, sexually transmitted infections, and teen births. Clinical care include: uninsured rates, primary care physicians, dentists, mental health providers, preventable hospital stays, diabetes monitoring, and mammography screening. Social & Economic Factors include: high school graduation rates, some college, unemployment rates, children in poverty, income inequality, children in single-parent households, social associations, violent crime, and injury deaths. Physical environment include: air pollution/particulate matter levels, drinking water violations, severe housing problems, driving alone to work, and long commute and driving alone.

The lower the number, the higher the ranking. For more information on methods: <http://www.countyhealthrankings.org/>