

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

San Benito (SN)

	San Benito County	Error Margin	Top U.S. Performers [^]	California	Rank (of 57)
Health Outcomes					24
Length of Life					17
Premature death	5,100	4,400-5,700	5,200	5,300	
Quality of Life					33
Poor or fair health**	18%	17-18%	12%	17%	
Poor physical health days**	3.9	3.7-4.0	2.9	3.8	
Poor mental health days**	3.6	3.5-3.7	2.8	3.6	
Low birthweight	6%	6-7%	6%	7%	
Health Factors					26
Health Behaviors					21
Adult smoking**	12%	12-13%	14%	12%	
Adult obesity	24%	18-30%	25%	23%	
Food environment index	8.5		8.3	7.7	
Physical inactivity	14%	10-20%	20%	17%	
Access to exercise opportunities	94%		91%	94%	
Excessive drinking**	19%	18-20%	12%	18%	
Alcohol-impaired driving deaths	33%	25-42%	14%	30%	
Sexually transmitted infections	351.6		134.1	439.9	
Teen births	30	27-33	19	32	
Clinical Care					42
Uninsured	19%	17-21%	11%	19%	
Primary care physicians	2,740:1		1,040:1	1,270:1	
Dentists	2,160:1		1,340:1	1,260:1	
Mental health providers	1,190:1		370:1	360:1	
Preventable hospital stays	53	47-59	38	41	
Diabetic monitoring	80%	74-87%	90%	81%	
Mammography screening	64%	57-72%	71%	59%	
Social & Economic Factors					22
High school graduation	90%		93%	85%	
Some college	56%	51-60%	72%	62%	
Unemployment	9.3%		3.5%	7.5%	
Children in poverty	20%	16-24%	13%	23%	
Income inequality	4.0	3.6-4.5	3.7	5.2	
Children in single-parent households	28%	23-33%	21%	32%	
Social associations	4.2		22.1	5.8	
Violent crime	373		59	425	
Injury deaths	45	37-53	51	46	
Physical Environment					48
Air pollution - particulate matter	7.9		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	30%	27-33%	9%	29%	
Driving alone to work	77%	75-80%	71%	73%	
Long commute - driving alone	43%	40-47%	15%	38%	

[^] 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods