



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

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Updated 7.7.2016

Nutrition & Food Insecurity Profile

San Luis Obispo County

| Demographic Data | | |
|--------------------------|--------------------------------|---|
| Total Population 2015 | Individuals in Poverty 2014 | Percent of Individuals in Poverty 2014 |
| 281,401 | 38,967 | 15% |

| Demographic Data: Children | | |
|-----------------------------------|---|---|
| Children 0 to 5 Years Old 2014 | Children 6 to 17 Years Old 2014 | All Children Under 18 2014 |
| 16,158 | 33,774 | 49,932 |
| Children in Poverty 2014 | Percent of Children in Poverty 2014 | Students Eligible: Free or Reduced-Price School Meals 2014-15 |
| 7,716 | 15% | 14,226 |

| Food Insecurity Measures | |
|--|---|
| Low-Income, Food-Insecure Households 2013-14 | Percent of Low-Income Households That are Food Insecure 2013-14 |
| | 37% |

| Health Measures | | |
|--|--|---|
| Percent of Adults Who Are Overweight or Obese 2014 | Percent of Adults Ever Diagnosed with Diabetes 2013-14 | Percent of Children in Healthy Fitness Zone: Body Composition 2014-15 |
| 55% | 5% | 68% |

| CalFresh | | | | | |
|--|--|---|--|-------------------------------------|--|
| Individuals Participating 16-Feb | Income-Eligible Individuals 2013 | Income-Eligible Non-Participants 2013 | County Program Access Index (PAI) 2013 | PAI County Rank 1 = best 2013 | Additional Economic Activity w/ Full CalFresh Participation 2013 |
| 18,524 | 43,893 | 26,351 | 0.4 | 51 | \$56,900,000 |

| Child and Adult Care Food Program (CACFP) | | |
|---|-----------------------------------|--|
| Licensed Childcare Facilities 2014 | Licensed Child Care Slots 2014 | Children Participating in CACFP 2011-12 |
| 351 | 7,133 | 2,304 |

| National School Lunch & Breakfast Programs | |
|---|---|
| Number of Low-Income Students Reached by School Lunch 2014-15 | Number of Low-Income Students Reached by School Breakfast 2014-15 |
| 8,207 | 4,784 |
| Percent of Low-Income Students Reached by School Lunch 2014-15 | Percent of Low-Income Students Reached by School Breakfast 2014-15 |
| 58% | 34% |
| Percent of School Lunch Participants Also Reached by School Breakfast: Low-Income Students 2014-15 | Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2014-15 |
| 58% | \$1,167,000 |

| Summer Meal Programs | |
|---|--|
| Summer Meal Program Participation Among Low-Income Children 2015 | Percent of School Lunch Participants Reached During the Summer 2015 |
| 906 | 13% |

| WIC & Breastfeeding Measures | | |
|---|---|---|
| WIC Participants 2014 | Breastfeeding: In-Hospital Initiation 2014 | Exclusive Breastfeeding: In-Hospital Initiation 2014 |
| 4,650 | 97% | 84% |

Values marked by an asterisk (*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

County groups for WIC data only:

- Colusa, Glenn, Tehama, and Trinity Counties
- Del Norte, Lassen, Modoc, Nevada, Plumas, Sierra, and Siskiyou Counties
- Lake and Mendocino Counties
- Sutter and Yolo Counties

Blank values indicate that data are not available.

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California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.