

San Luis Obispo (SP)

| | San Luis Obispo County | Error Margin | Top U.S. Performers [^] | California | Rank (of 57) |
|---------------------------------------|---------------------------|-----------------|-------------------------------------|------------|-----------------|
| Health Outcomes | | | | | 18 |
| Length of Life | | | | | |
| Premature death | 5,400 | 5,100-5,800 | 5,200 | 5,200 | 22 |
| Quality of Life | | | | | |
| Poor or fair health ** | 14% | 13-14% | 12% | 18% | 10 |
| Poor physical health days ** | 3.8 | 3.7-4.0 | 3.0 | 3.6 | |
| Poor mental health days ** | 3.7 | 3.6-3.8 | 3.0 | 3.6 | |
| Low birthweight | 6% | 6-6% | 6% | 7% | |
| Health Factors | | | | | 12 |
| Health Behaviors | | | | | |
| Adult smoking ** | 12% | 11-12% | 14% | 12% | 24 |
| Adult obesity | 25% | 21-29% | 26% | 23% | |
| Food environment index | 7.7 | | 8.4 | 7.8 | |
| Physical inactivity | 14% | 11-17% | 19% | 17% | |
| Access to exercise opportunities | 89% | | 91% | 94% | |
| Excessive drinking ** | 20% | 19-21% | 12% | 18% | |
| Alcohol-impaired driving deaths | 35% | 31-39% | 13% | 29% | |
| Sexually transmitted infections | 376.6 | | 145.5 | 459.9 | |
| Teen births | 15 | 15-16 | 17 | 29 | |
| Clinical Care | | | | | 14 |
| Uninsured | 14% | 12-15% | 8% | 14% | |
| Primary care physicians | 1,170:1 | | 1,040:1 | 1,280:1 | |
| Dentists | 1,300:1 | | 1,320:1 | 1,250:1 | |
| Mental health providers | 200:1 | | 360:1 | 350:1 | |
| Preventable hospital stays | 23 | 22-25 | 36 | 36 | |
| Diabetes monitoring | 83% | 79-86% | 91% | 82% | |
| Mammography screening | 66% | 63-68% | 71% | 60% | |
| Social & Economic Factors | | | | | 5 |
| High school graduation | 92% | | 95% | 82% | |
| Some college | 69% | 67-72% | 72% | 63% | |
| Unemployment | 4.6% | | 3.3% | 6.2% | |
| Children in poverty | 15% | 12-18% | 12% | 21% | |
| Income inequality | 4.8 | 4.5-5.0 | 3.7 | 5.2 | |
| Children in single-parent households | 26% | 23-29% | 21% | 32% | |
| Social associations | 8.9 | | 22.1 | 5.8 | |
| Violent crime | 379 | | 62 | 407 | |
| Injury deaths | 59 | 55-63 | 53 | 47 | |
| Physical Environment | | | | | 33 |
| Air pollution - particulate matter ** | 8.7 | | 6.7 | 8.0 | |
| Drinking water violations | Yes | | | | |
| Severe housing problems | 25% | 23-26% | 9% | 28% | |
| Driving alone to work | 74% | 72-75% | 72% | 73% | |
| Long commute - driving alone | 25% | 23-26% | 15% | 39% | |

Areas to Explore Areas of Strength

[^] 10th/90th percentile, i.e., only 10% are better.
 Note: Blank values reflect unreliable or missing data
 ** Data should not be compared with prior years