

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## San Benito (SN)

	San Benito County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
<b>Health Outcomes</b>					<b>10</b>
<b>Length of Life</b>					<b>10</b>
Premature death	4,915	4,247-5,583	5,200	5,295	
<b>Quality of Life</b>					<b>12</b>
Poor or fair health	18%	13-25%	10%	18%	
Poor physical health days	3.6	2.4-4.8	2.5	3.7	
Poor mental health days	2.6	1.6-3.6	2.3	3.6	
Low birthweight	6.1%	5.4-6.7%	5.9%	6.8%	
<b>Health Factors</b>					<b>25</b>
<b>Health Behaviors</b>					<b>27</b>
Adult smoking			14%	13%	
Adult obesity	23%	18-29%	25%	23%	
Food environment index	7.9		8.4	7.5	
Physical inactivity	15%	11-20%	20%	17%	
Access to exercise opportunities	93%		92%	93%	
Excessive drinking	24%	14-38%	10%	17%	
Alcohol-impaired driving deaths	31%		14%	31%	
Sexually transmitted infections	411		138	441	
Teen births	32	30-35	20	34	
<b>Clinical Care</b>					<b>38</b>
Uninsured	19%	17-20%	11%	20%	
Primary care physicians	2,709:1		1,045:1	1,294:1	
Dentists	2,133:1		1,377:1	1,291:1	
Mental health providers	1,280:1		386:1	376:1	
Preventable hospital stays	52	46-59	41	45	
Diabetic monitoring	85%	78-91%	90%	81%	
Mammography screening	61.7%	54.5-68.8%	70.7%	59.3%	
<b>Social &amp; Economic Factors</b>					<b>23</b>
High school graduation	88%			83%	
Some college	53.8%	49.0-58.7%	71.0%	61.7%	
Unemployment	11.1%		4.0%	8.9%	
Children in poverty	19%	14-23%	13%	24%	
Income inequality	4.2	3.6-4.8	3.7	5.1	
Children in single-parent households	26%	22-31%	20%	32%	
Social associations	4.6		22.0	5.8	
Violent crime	373		59	425	
Injury deaths	42	34-49	50	46	
<b>Physical Environment</b>					<b>39</b>
Air pollution - particulate matter	7.9		9.5	9.3	
Drinking water violations	2%		0%	3%	
Severe housing problems	29%	26-33%	9%	29%	
Driving alone to work	77%	74-79%	71%	73%	
Long commute - driving alone	44%	40-48%	15%	37%	

\* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data