

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Shasta (SH)

	Shasta County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
Health Outcomes					50
Length of Life					52
Premature death	8,990	8,475-9,505	5,200	5,295	
Quality of Life					25
Poor or fair health	16%	13-20%	10%	18%	
Poor physical health days	4.1	3.3-4.9	2.5	3.7	
Poor mental health days	4.1	3.3-4.9	2.3	3.6	
Low birthweight	6.0%	5.6-6.4%	5.9%	6.8%	
Health Factors					43
Health Behaviors					56
Adult smoking	25%	21-30%	14%	13%	
Adult obesity	27%	24-31%	25%	23%	
Food environment index	6.4		8.4	7.5	
Physical inactivity	19%	16-23%	20%	17%	
Access to exercise opportunities	79%		92%	93%	
Excessive drinking	20%	16-24%	10%	17%	
Alcohol-impaired driving deaths	38%		14%	31%	
Sexually transmitted infections	328		138	441	
Teen births	35	33-36	20	34	
Clinical Care					21
Uninsured	19%	17-21%	11%	20%	
Primary care physicians	1,294:1		1,045:1	1,294:1	
Dentists	1,432:1		1,377:1	1,291:1	
Mental health providers	422:1		386:1	376:1	
Preventable hospital stays	43	40-45	41	45	
Diabetic monitoring	85%	81-88%	90%	81%	
Mammography screening	65.0%	61.6-68.4%	70.7%	59.3%	
Social & Economic Factors					33
High school graduation	90%			83%	
Some college	64.5%	61.5-67.6%	71.0%	61.7%	
Unemployment	10.9%		4.0%	8.9%	
Children in poverty	28%	23-33%	13%	24%	
Income inequality	4.6	4.3-4.8	3.7	5.1	
Children in single-parent households	35%	32-39%	20%	32%	
Social associations	8.2		22.0	5.8	
Violent crime	757		59	425	
Injury deaths	96	90-103	50	46	
Physical Environment					30
Air pollution - particulate matter	9.6		9.5	9.3	
Drinking water violations	0%		0%	3%	
Severe housing problems	23%	22-25%	9%	29%	
Driving alone to work	81%	80-82%	71%	73%	
Long commute - driving alone	15%	14-16%	15%	37%	

* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data