



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

Contact: Tia Shimada at 510.433.1122 x109 or tia@cfpa.net.

Updated 8.26.2015

Nutrition & Food Insecurity Profile

Shasta County

Demographic Data		
Total Population 2014	Individuals in Poverty 2013	Percent of Individuals in Poverty 2013
179,804	35,501	20%

Demographic Data: Children		
Children 0 to 5 Years Old 2013	Children 6 to 17 Years Old 2013	All Children Under 18 2013
12,313	25,764	38,077
Children in Poverty 2013	Percent of Children in Poverty 2013	Students Eligible for Free or Reduced-Price School Meals 2013-14
11,212	29%	13,680

Food Insecurity Measures	
Low-Income, Food-Insecure Households 2014	Percent of Low-Income Households That Are Food Insecure 2014
24,000	41%

Health Measures		
Percent of Adults Who Are Overweight or Obese 2014	Adults Ever Diagnosed with Heart Disease 2011-12	Percent of Children in Healthy Fitness Zone: Body Composition 2012-13
60%	8,000	62%

CalFresh					
Individuals Participating 15-May	Income-Eligible Individuals 2013	Income-Eligible Non-Participants 2013	County Program Access Index (PAI) 2013	PAI County Rank 1 = best 2013	Additional Economic Activity w/ Full CalFresh Participation 2012
25,198	35,397	11,951	0.66	18	\$13,100,000

Child and Adult Care Food Program (CACFP)		
Licensed Childcare Facilities 2012	Licensed Child Care Slots 2012	Children Participating in CACFP 2011-12
218	4,526	2,748

National School Lunch & Breakfast Programs	
Number of Low-Income Students Reached by School Lunch 2013-14	Number of Low-Income Students Reached by School Breakfast 2013-14
9,307	4,791
Percent of Low-Income Students Reached by School Lunch 2013-14	Percent of Low-Income Students Reached by School Breakfast 2013-14
68%	35%
Percent of School Lunch Participants Who Also Eat School Breakfast: Low-Income Students 2013-14	Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2013-14
51%	\$1,448,000

Summer Meal Programs	
Summer Meal Program Participation Among Low-Income Children 2014	Percent of School Lunch Participants Reached During the Summer 2014
808	8%

WIC & Breastfeeding Measures		
WIC Participants Served by County Agency 2013	Breastfeeding: In-Hospital Initiation 2012	Exclusive Breastfeeding: In-Hospital Initiation 2012
Coming Soon	94%	87%

Values marked by an asterisk (*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

Blank values indicate that data were not available.

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California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians' access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.