

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Shasta (SH)

	Shasta County	Error Margin	Top U.S. Performers [^]	California	Rank (of 57)
Health Outcomes					50
Length of Life					53
Premature death	9,000	8,400-9,500	5,200	5,300	
Quality of Life					29
Poor or fair health**	15%	14-15%	12%	17%	
Poor physical health days**	3.9	3.8-4.1	2.9	3.8	
Poor mental health days**	4.0	3.9-4.2	2.8	3.6	
Low birthweight	6%	6-7%	6%	7%	
Health Factors					33
Health Behaviors					45
Adult smoking**	14%	14-15%	14%	12%	
Adult obesity	27%	23-32%	25%	23%	
Food environment index	6.3		8.3	7.7	
Physical inactivity	20%	17-24%	20%	17%	
Access to exercise opportunities	78%		91%	94%	
Excessive drinking**	18%	17-19%	12%	18%	
Alcohol-impaired driving deaths	44%	40-49%	14%	30%	
Sexually transmitted infections	325.3		134.1	439.9	
Teen births	34	32-36	19	32	
Clinical Care					25
Uninsured	18%	16-20%	11%	19%	
Primary care physicians	1,220:1		1,040:1	1,270:1	
Dentists	1,400:1		1,340:1	1,260:1	
Mental health providers	400:1		370:1	360:1	
Preventable hospital stays	40	38-43	38	41	
Diabetic monitoring	81%	78-84%	90%	81%	
Mammography screening	63%	60-66%	71%	59%	
Social & Economic Factors					30
High school graduation	91%		93%	85%	
Some college	65%	62-68%	72%	62%	
Unemployment	9.7%		3.5%	7.5%	
Children in poverty	20%	15-26%	13%	23%	
Income inequality	4.6	4.3-4.9	3.7	5.2	
Children in single-parent households	37%	33-41%	21%	32%	
Social associations	8.4		22.1	5.8	
Violent crime	757		59	425	
Injury deaths	99	93-106	51	46	
Physical Environment					39
Air pollution - particulate matter	9.6		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	22%	21-24%	9%	29%	
Driving alone to work	82%	80-83%	71%	73%	
Long commute - driving alone	14%	13-16%	15%	38%	

[^] 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods