

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Sierra (SI)

	Sierra County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
Health Outcomes					57
Length of Life					56
Premature death	10,260	7,615-13,526	5,200	5,295	
Quality of Life					43
Poor or fair health			10%	18%	
Poor physical health days			2.5	3.7	
Poor mental health days			2.3	3.6	
Low birthweight	7.0%		5.9%	6.8%	
Health Factors					41
Health Behaviors					31
Adult smoking			14%	13%	
Adult obesity	23%	17-30%	25%	23%	
Food environment index	5.2		8.4	7.5	
Physical inactivity	17%	12-24%	20%	17%	
Access to exercise opportunities	74%		92%	93%	
Excessive drinking			10%	17%	
Alcohol-impaired driving deaths	31%		14%	31%	
Sexually transmitted infections			138	441	
Teen births			20	34	
Clinical Care					45
Uninsured	21%	18-23%	11%	20%	
Primary care physicians	3,086:1		1,045:1	1,294:1	
Dentists	1,524:1		1,377:1	1,291:1	
Mental health providers	609:1		386:1	376:1	
Preventable hospital stays	38	24-52	41	45	
Diabetic monitoring	72%	51-93%	90%	81%	
Mammography screening	59.2%	41.3-77.0%	70.7%	59.3%	
Social & Economic Factors					39
High school graduation				83%	
Some college	55.3%	37.5-73.1%	71.0%	61.7%	
Unemployment	13.0%		4.0%	8.9%	
Children in poverty	20%	15-26%	13%	24%	
Income inequality	5.4	2.3-8.6	3.7	5.1	
Children in single-parent households	34%	10-58%	20%	32%	
Social associations	6.5		22.0	5.8	
Violent crime	424		59	425	
Injury deaths	81	43-139	50	46	
Physical Environment					41
Air pollution - particulate matter	10.2		9.5	9.3	
Drinking water violations	7%		0%	3%	
Severe housing problems	18%	10-27%	9%	29%	
Driving alone to work	77%	70-84%	71%	73%	
Long commute - driving alone	45%	31-60%	15%	37%	

* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

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