



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

Contact: Tia Shimada at 510.433.1122 x109 or tia@cfpa.net.

Updated 8.26.2015

Nutrition & Food Insecurity Profile

Sierra County

Demographic Data		
Total Population 2014	Individuals in Poverty 2009-13	Percent of Individuals in Poverty 2009-13
3,003	599	19%

Demographic Data: Children		
Children 0 to 5 Years Old 2009-13	Children 6 to 17 Years Old 2009-13	All Children Under 18 2009-13
117	391	508
Children in Poverty 2009-13	Percent of Children in Poverty 2009-13	Students Eligible for Free or Reduced-Price School Meals 2013-14
150	30%	182

Food Insecurity Measures	
Low-Income, Food-Insecure Households 2014	Percent of Low-Income Households That Are Food Insecure 2014
23,000*	50%*

Health Measures		
Percent of Adults Who Are Overweight or Obese 2014	Adults Ever Diagnosed with Heart Disease 2011-12	Percent of Children in Healthy Fitness Zone: Body Composition 2012-13
54%*	11,000*	53%

CalFresh					
Individuals Participating 15-May	Income-Eligible Individuals 2013	Income-Eligible Non-Participants 2013	County Program Access Index (PAI) 2013	PAI County Rank 1 = best 2013	Additional Economic Activity w/ Full CalFresh Participation 2012
326	667	364	0.45	47	\$543,000

Child and Adult Care Food Program (CACFP)		
Licensed Childcare Facilities 2012	Licensed Child Care Slots 2012	Children Participating in CACFP 2011-12
7	88	0

National School Lunch & Breakfast Programs	
Number of Low-Income Students Reached by School Lunch 2013-14	Number of Low-Income Students Reached by School Breakfast 2013-14
104	52
Percent of Low-Income Students Reached by School Lunch 2013-14	Percent of Low-Income Students Reached by School Breakfast 2013-14
57%	29%
Percent of School Lunch Participants Who Also Eat School Breakfast: Low-Income Students 2013-14	Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2013-14
50%	\$17,000

Summer Meal Programs	
Summer Meal Program Participation Among Low-Income Children 2014	Percent of School Lunch Participants Reached During the Summer 2014
0	0%

WIC & Breastfeeding Measures		
WIC Participants Served by County Agency 2013	Breastfeeding: In-Hospital Initiation 2012	Exclusive Breastfeeding: In-Hospital Initiation 2012
Coming Soon	91%	91%

Values marked by an asterisk (*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

Blank values indicate that data were not available.

+++

California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians' access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.