

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Sierra (SI)

	Sierra County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					<b>26</b>
<b>Length of Life</b>					<b>30</b>
Premature death			5,200	5,300	
<b>Quality of Life</b>					<b>26</b>
Poor or fair health**	13%	13-14%	12%	17%	
Poor physical health days**	3.7	3.5-3.8	2.9	3.8	
Poor mental health days**	3.8	3.6-3.9	2.8	3.6	
Low birthweight	6%		6%	7%	
<b>Health Factors</b>					<b>29</b>
<b>Health Behaviors</b>					<b>28</b>
Adult smoking**	13%	12-13%	14%	12%	
Adult obesity	24%	18-31%	25%	23%	
Food environment index	4.8		8.3	7.7	
Physical inactivity	17%	11-24%	20%	17%	
Access to exercise opportunities	74%		91%	94%	
Excessive drinking**	17%	16-17%	12%	18%	
Alcohol-impaired driving deaths	36%	20-52%	14%	30%	
Sexually transmitted infections			134.1	439.9	
Teen births			19	32	
<b>Clinical Care</b>					<b>27</b>
Uninsured	20%	18-23%	11%	19%	
Primary care physicians	3,050:1		1,040:1	1,270:1	
Dentists	1,500:1		1,340:1	1,260:1	
Mental health providers	600:1		370:1	360:1	
Preventable hospital stays	21	11-32	38	41	
Diabetic monitoring	84%	61-100%	90%	81%	
Mammography screening	58%	42-74%	71%	59%	
<b>Social &amp; Economic Factors</b>					<b>34</b>
High school graduation			93%	85%	
Some college	60%	44-77%	72%	62%	
Unemployment	10.0%		3.5%	7.5%	
Children in poverty	19%	14-24%	13%	23%	
Income inequality	5.7	4.0-7.3	3.7	5.2	
Children in single-parent households	26%	10-43%	21%	32%	
Social associations	6.6		22.1	5.8	
Violent crime	424		59	425	
Injury deaths	89	49-149	51	46	
<b>Physical Environment</b>					<b>41</b>
Air pollution - particulate matter	10.2		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	16%	9-24%	9%	29%	
Driving alone to work	77%	65-89%	71%	73%	
Long commute - driving alone	48%	35-62%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods