

Sonoma (SM)

County Demographics

	County	State
Population	503,070	39,250,017
% below 18 years of age	20.0%	23.2%
% 65 and older	18.2%	13.6%
% Non-Hispanic African American	1.5%	5.7%
% American Indian and Alaskan Native	2.2%	1.7%
% Asian	4.4%	14.8%
% Native Hawaiian/Other Pacific Islander	0.4%	0.5%
% Hispanic	26.6%	38.9%
% Non-Hispanic white	64.0%	37.7%
% not proficient in English	6%	10%
% Females	51.1%	50.3%
% Rural	12.4%	5.0%

	Sonoma County	Error Margin	Top U.S. Performers	California	Rank (of 57)
Health Outcomes					7
Length of Life					12
Premature death	4,700	4,500-4,900	5,300	5,200	
Years of Potential Life Lost Rate	4,700				
Years of Potential Life Lost Rate (Black)	5,700				
Years of Potential Life Lost Rate (Hispanic)	3,400				
Years of Potential Life Lost Rate (White)	5,200				
Quality of Life					8
Poor or fair health **	13%	13-13%	12%	18%	
Poor physical health days **	3.4	3.3-3.5	3.0	3.5	
Poor mental health days **	3.8	3.7-4.0	3.1	3.5	
Low birthweight	6%	6-6%	6%	7%	
% LBW	6%				
% LBW (Black)	6%				
% LBW (Hispanic)	6%				
% LBW (White)	5%				
Additional Health Outcomes (not included in overall ranking)					
Premature age-adjusted mortality	240	240-250	270	270	
Age-Adjusted Mortality	240				
Age-Adjusted Mortality (Black)	300				
Age-Adjusted Mortality (Hispanic)	180				
Age-Adjusted Mortality (White)	260				
Child mortality	30	20-30	40	40	
Child Mortality Rate	30				
Child Mortality Rate (Hispanic)	30				
Child Mortality Rate (White)	30				
Infant mortality	4	3-4	4	4	
Infant Mortality Rate	4				
Infant Mortality Rate (Hispanic)	4				
Infant Mortality Rate (White)	3				
Frequent physical distress	10%	10-10%	9%	11%	
Frequent mental distress	11%	11-11%	10%	11%	
Diabetes prevalence	8%	7-10%	8%	9%	
HIV prevalence	282		49	376	
Health Factors					11
Health Behaviors					9
Adult smoking **	11%	11-12%	14%	11%	
Adult obesity	20%	17-23%	26%	23%	
Food environment index	8.3		8.6	8.8	
Physical inactivity	16%	13-18%	20%	18%	
Access to exercise opportunities	89%		91%	90%	
Excessive drinking **	19%	19-20%	13%	18%	
Alcohol-impaired driving deaths	33%	30-37%	13%	29%	
Sexually transmitted infections	376.0		145.1	487.5	

	Sonoma County	Error Margin	Top U.S. Performers	California	Rank (of 57)
Teen births	15	15-16	15	24	
Teen Birth Rate	15				
Teen Birth Rate (Black)	13				
Teen Birth Rate (Hispanic)	30				
Teen Birth Rate (White)	6				
Additional Health Behaviors (not included in overall ranking)					
Food insecurity	12%		10%	13%	
Limited access to healthy foods	4%		2%	3%	
Drug overdose deaths	14	12-16	10	12	
Drug overdose deaths - modeled	16-17.9		8-11.9	11.2	
Motor vehicle crash deaths	7	6-8	9	9	
Insufficient sleep	31%	31-32%	27%	34%	
Clinical Care					14
Uninsured	9%	8-9%	6%	10%	
Primary care physicians	1,000:1		1,030:1	1,280:1	
Dentists	1,150:1		1,280:1	1,210:1	
Mental health providers	240:1		330:1	320:1	
Preventable hospital stays	28	27-30	35	36	
Diabetes monitoring	83%	80-86%	91%	82%	
% Receiving HbA1c	83%				
% Receiving HbA1c (Black)	70%				
% Receiving HbA1c (White)	83%				
Mammography screening	64%	62-67%	71%	60%	
% Mammography	64%				
% Mammography (Black)	56%				
% Mammography (White)	64%				
Additional Clinical Care (not included in overall ranking)					
Uninsured adults	11%	9-12%	7%	12%	
Uninsured children	3%	3-4%	3%	4%	
Health care costs	\$7,656			\$9,100	
Other primary care providers	1,884:1		782:1	1,915:1	
Social & Economic Factors					10
High school graduation	83%		95%	82%	
Some college	64%	62-65%	72%	64%	
Unemployment	4.0%		3.2%	5.4%	
Children in poverty	11%	8-14%	12%	20%	
% Children in Poverty	11%				
% Children in Poverty (Black)	13%				
% Children in Poverty (Hispanic)	20%				
% Children in Poverty (White)	8%				
Income inequality	4.4	4.3-4.6	3.7	5.2	
Children in single-parent households	30%	28-32%	20%	32%	
Social associations	6.8		22.1	5.8	
Violent crime	363		62	407	
Injury deaths	52	49-55	55	48	
Additional Social & Economic Factors (not included in overall ranking)					
Disconnected youth	12%		10%	14%	
Median household income	\$73,500	\$70,900-76,100	\$65,100	\$67,700	
Household Income	\$73,500				
Household income (Black)	\$58,400				
Household income (Hispanic)	\$52,800				
Household income (White)	\$71,500				
Children eligible for free or reduced price lunch	44%		33%	59%	
Residential segregation - black/white	48		23	56	
Residential segregation - non-white/white	30		14	37	
Homicides	2	2-3	2	5	
Firearm fatalities	6	5-7	7	8	
Physical Environment					27
Air pollution - particulate matter **	6.8		6.7	8.0	
Drinking water violations	Yes				
Severe housing problems	25%	24-25%	9%	28%	
Driving alone to work	76%	75-76%	72%	73%	
% Drive Alone	76%				
% Drive Alone (Black)	69%				
% Drive Alone (Hispanic)	72%				
% Drive Alone (White)	77%				
Long commute - driving alone	31%	29-32%	15%	39%	

^ 10th/90th percentile, i.e., only 10% are better.
Note: Blank values reflect unreliable or missing data
** Data should not be compared with prior years