

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Sutter (SU)

	Sutter County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
<b>Health Outcomes</b>					<b>27</b>
<b>Length of Life</b>					<b>32</b>
Premature death	6,587	6,029-7,146	5,200	5,295	
<b>Quality of Life</b>					<b>20</b>
Poor or fair health	19%	13-28%	10%	18%	
Poor physical health days	4.3	3.0-5.6	2.5	3.7	
Poor mental health days	3.3	2.3-4.3	2.3	3.6	
Low birthweight	5.8%	5.3-6.2%	5.9%	6.8%	
<b>Health Factors</b>					<b>37</b>
<b>Health Behaviors</b>					<b>40</b>
Adult smoking	19%	12-29%	14%	13%	
Adult obesity	28%	22-33%	25%	23%	
Food environment index	5.9		8.4	7.5	
Physical inactivity	22%	17-27%	20%	17%	
Access to exercise opportunities	67%		92%	93%	
Excessive drinking	11%	7-17%	10%	17%	
Alcohol-impaired driving deaths	25%		14%	31%	
Sexually transmitted infections	238		138	441	
Teen births	37	35-40	20	34	
<b>Clinical Care</b>					<b>29</b>
Uninsured	20%	18-22%	11%	20%	
Primary care physicians	1,131:1		1,045:1	1,294:1	
Dentists	1,343:1		1,377:1	1,291:1	
Mental health providers	443:1		386:1	376:1	
Preventable hospital stays	54	49-58	41	45	
Diabetic monitoring	85%	80-89%	90%	81%	
Mammography screening	66.1%	60.9-71.3%	70.7%	59.3%	
<b>Social &amp; Economic Factors</b>					<b>43</b>
High school graduation	88%			83%	
Some college	53.8%	50.3-57.3%	71.0%	61.7%	
Unemployment	15.3%		4.0%	8.9%	
Children in poverty	25%	20-31%	13%	24%	
Income inequality	4.6	4.3-5.0	3.7	5.1	
Children in single-parent households	30%	26-34%	20%	32%	
Social associations	5.7		22.0	5.8	
Violent crime	356		59	425	
Injury deaths	64	57-72	50	46	
<b>Physical Environment</b>					<b>23</b>
Air pollution - particulate matter	8.1		9.5	9.3	
Drinking water violations	1%		0%	3%	
Severe housing problems	25%	23-27%	9%	29%	
Driving alone to work	76%	74-77%	71%	73%	
Long commute - driving alone	33%	30-35%	15%	37%	

\* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data