

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Sutter (SU)

	Sutter County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					<b>27</b>
<b>Length of Life</b>					<b>33</b>
Premature death	6,500	5,900-7,000	5,200	5,300	
<b>Quality of Life</b>					<b>22</b>
Poor or fair health**	17%	16-17%	12%	17%	
Poor physical health days**	3.9	3.8-4.0	2.9	3.8	
Poor mental health days**	3.8	3.7-3.9	2.8	3.6	
Low birthweight	6%	5-6%	6%	7%	
<b>Health Factors</b>					<b>34</b>
<b>Health Behaviors</b>					<b>34</b>
Adult smoking**	13%	13-14%	14%	12%	
Adult obesity	28%	22-34%	25%	23%	
Food environment index	6.0		8.3	7.7	
Physical inactivity	22%	17-28%	20%	17%	
Access to exercise opportunities	66%		91%	94%	
Excessive drinking**	17%	17-18%	12%	18%	
Alcohol-impaired driving deaths	20%	13-27%	14%	30%	
Sexually transmitted infections	299.9		134.1	439.9	
Teen births	33	31-36	19	32	
<b>Clinical Care</b>					<b>31</b>
Uninsured	21%	19-23%	11%	19%	
Primary care physicians	1,190:1		1,040:1	1,270:1	
Dentists	1,280:1		1,340:1	1,260:1	
Mental health providers	420:1		370:1	360:1	
Preventable hospital stays	47	43-51	38	41	
Diabetic monitoring	82%	78-86%	90%	81%	
Mammography screening	66%	61-71%	71%	59%	
<b>Social &amp; Economic Factors</b>					<b>40</b>
High school graduation	88%		93%	85%	
Some college	54%	51-57%	72%	62%	
Unemployment	12.7%		3.5%	7.5%	
Children in poverty	21%	15-26%	13%	23%	
Income inequality	4.7	4.4-5.1	3.7	5.2	
Children in single-parent households	28%	24-31%	21%	32%	
Social associations	5.6		22.1	5.8	
Violent crime	356		59	425	
Injury deaths	61	54-68	51	46	
<b>Physical Environment</b>					<b>32</b>
Air pollution - particulate matter	8.1		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	25%	23-27%	9%	29%	
Driving alone to work	76%	73-78%	71%	73%	
Long commute - driving alone	31%	29-34%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods