

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Tehama (TE)

	Tehama County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
<b>Health Outcomes</b>					<b>47</b>
<b>Length of Life</b>					<b>46</b>
Premature death	7,414	6,646-8,182	5,200	5,295	
<b>Quality of Life</b>					<b>45</b>
Poor or fair health	24%	17-33%	10%	18%	
Poor physical health days	5.2	3.5-7.0	2.5	3.7	
Poor mental health days	5.0	3.6-6.5	2.3	3.6	
Low birthweight	5.5%	4.9-6.1%	5.9%	6.8%	
<b>Health Factors</b>					<b>46</b>
<b>Health Behaviors</b>					<b>54</b>
Adult smoking	21%	15-30%	14%	13%	
Adult obesity	27%	22-33%	25%	23%	
Food environment index	6.4		8.4	7.5	
Physical inactivity	18%	14-23%	20%	17%	
Access to exercise opportunities	64%		92%	93%	
Excessive drinking	18%	12-26%	10%	17%	
Alcohol-impaired driving deaths	31%		14%	31%	
Sexually transmitted infections	352		138	441	
Teen births	43	40-47	20	34	
<b>Clinical Care</b>					<b>41</b>
Uninsured	20%	18-22%	11%	20%	
Primary care physicians	1,865:1		1,045:1	1,294:1	
Dentists	1,752:1		1,377:1	1,291:1	
Mental health providers	717:1		386:1	376:1	
Preventable hospital stays	44	40-48	41	45	
Diabetic monitoring	78%	74-83%	90%	81%	
Mammography screening	60.2%	55.1-65.3%	70.7%	59.3%	
<b>Social &amp; Economic Factors</b>					<b>41</b>
High school graduation	86%			83%	
Some college	50.9%	46.3-55.5%	71.0%	61.7%	
Unemployment	11.6%		4.0%	8.9%	
Children in poverty	29%	21-36%	13%	24%	
Income inequality	4.2	3.8-4.6	3.7	5.1	
Children in single-parent households	29%	24-35%	20%	32%	
Social associations	6.9		22.0	5.8	
Violent crime	558		59	425	
Injury deaths	81	71-91	50	46	
<b>Physical Environment</b>					<b>48</b>
Air pollution - particulate matter	8.9		9.5	9.3	
Drinking water violations	26%		0%	3%	
Severe housing problems	24%	21-26%	9%	29%	
Driving alone to work	75%	72-78%	71%	73%	
Long commute - driving alone	31%	27-34%	15%	37%	

\* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data