



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

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## Nutrition & Food Insecurity Profile

### Tehama County

Demographic Data		
Total Population 2015	Individuals in Poverty 2010-14	Percent of Individuals in Poverty 2010-14
63,308	11,604	19%

Demographic Data: Children		
Children 0 to 5 Years Old 2010-14	Children 6 to 17 Years Old 2010-14	All Children Under 18 2010-14
5,253	9,945	15,198
Children in Poverty 2010-14	Percent of Children in Poverty 2010-14	Students Eligible: Free or Reduced-Price School Meals 2014-15
3,947	26%	7,286

Food Insecurity Measures	
Low-Income, Food-Insecure Households 2014	Percent of Low-Income Households That are Food Insecure 2014
27,000*	58%*

Health Measures		
Percent of Adults Who Are Overweight or Obese 2014	Percent of Adults Ever Diagnosed with Diabetes 2014	Percent of Children in Healthy Fitness Zone: Body Composition 2014-15
61%*	9%*	62%

CalFresh					
Individuals Participating 16-Feb	Income-Eligible Individuals 2013	Income-Eligible Non-Participants 2013	County Program Access Index (PAI) 2013	PAI County Rank 1 = best 2013	Additional Economic Activity w/ Full CalFresh Participation 2013
10,145	15,303	5,415	0.64	23	\$9,920,000

Child and Adult Care Food Program (CACFP)		
Licensed Childcare Facilities 2014	Licensed Child Care Slots 2014	Children Participating in CACFP 2011-12
79	1,350	288

<b>National School Lunch &amp; Breakfast Programs</b>	
<b>Number of Low-Income Students Reached by School Lunch 2014-15</b>	<b>Number of Low-Income Students Reached by School Breakfast 2014-15</b>
<b>5,435</b>	<b>2,301</b>
<b>Percent of Low-Income Students Reached by School Lunch 2014-15</b>	<b>Percent of Low-Income Students Reached by School Breakfast 2014-15</b>
<b>75%</b>	<b>32%</b>
<b>Percent of School Lunch Participants Also Reached by School Breakfast: Low-Income Students 2014-15</b>	<b>Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2014-15</b>
<b>42%</b>	<b>\$1,061,000</b>

<b>Summer Meal Programs</b>	
<b>Summer Meal Program Participation Among Low-Income Children 2015</b>	<b>Percent of School Lunch Participants Reached During the Summer 2015</b>
<b>308</b>	<b>6%</b>

<b>WIC &amp; Breastfeeding Measures</b>		
<b>WIC Participants 2014</b>	<b>Breastfeeding: In-Hospital Initiation 2014</b>	<b>Exclusive Breastfeeding: In-Hospital Initiation 2014</b>
<b>5,721*</b>	<b>94%</b>	<b>80%</b>

Values marked by an asterisk (\*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

County groups for WIC data only:

- Colusa, Glenn, Tehama, and Trinity Counties
- Del Norte, Lassen, Modoc, Nevada, Plumas, Sierra, and Siskiyou Counties
- Lake and Mendocino Counties
- Sutter and Yolo Counties

Blank values indicate that data are not available.

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*California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.*