

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Tehama (TE)

	Tehama County	Error Margin	Top U.S. Performers [^]	California	Rank (of 57)
Health Outcomes					37
Length of Life					47
Premature death	7,500	6,800-8,300	5,200	5,300	
Quality of Life					32
Poor or fair health**	17%	17-18%	12%	17%	
Poor physical health days**	4.2	4.1-4.4	2.9	3.8	
Poor mental health days**	4.0	3.9-4.2	2.8	3.6	
Low birthweight	6%	5-6%	6%	7%	
Health Factors					46
Health Behaviors					53
Adult smoking**	15%	15-16%	14%	12%	
Adult obesity	29%	23-35%	25%	23%	
Food environment index	6.5		8.3	7.7	
Physical inactivity	21%	16-26%	20%	17%	
Access to exercise opportunities	60%		91%	94%	
Excessive drinking**	18%	17-18%	12%	18%	
Alcohol-impaired driving deaths	33%	26-39%	14%	30%	
Sexually transmitted infections	302.8		134.1	439.9	
Teen births	42	39-45	19	32	
Clinical Care					40
Uninsured	19%	17-21%	11%	19%	
Primary care physicians	2,030:1		1,040:1	1,270:1	
Dentists	1,750:1		1,340:1	1,260:1	
Mental health providers	660:1		370:1	360:1	
Preventable hospital stays	41	38-45	38	41	
Diabetic monitoring	76%	72-81%	90%	81%	
Mammography screening	60%	55-64%	71%	59%	
Social & Economic Factors					45
High school graduation	81%		93%	85%	
Some college	51%	46-56%	72%	62%	
Unemployment	9.7%		3.5%	7.5%	
Children in poverty	27%	19-34%	13%	23%	
Income inequality	4.2	3.9-4.6	3.7	5.2	
Children in single-parent households	32%	26-38%	21%	32%	
Social associations	7.0		22.1	5.8	
Violent crime	558		59	425	
Injury deaths	85	75-95	51	46	
Physical Environment					28
Air pollution - particulate matter	8.9		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	21%	19-23%	9%	29%	
Driving alone to work	75%	73-78%	71%	73%	
Long commute - driving alone	32%	28-35%	15%	38%	

[^] 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods