

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Trinity (TR)

	Trinity County	Error Margin	Top U.S. Performers*	California	Rank (of 57)
Health Outcomes					54
Length of Life					55
Premature death	9,952	7,846-12,059	5,200	5,295	
Quality of Life					26
Poor or fair health	17%	10-26%	10%	18%	
Poor physical health days	4.6	2.9-6.2	2.5	3.7	
Poor mental health days	9.2	5.5-12.9	2.3	3.6	
Low birthweight	4.7%	3.2-6.1%	5.9%	6.8%	
Health Factors					42
Health Behaviors					55
Adult smoking	23%	14-37%	14%	13%	
Adult obesity	25%	19-31%	25%	23%	
Food environment index	6.4		8.4	7.5	
Physical inactivity	19%	14-25%	20%	17%	
Access to exercise opportunities	89%		92%	93%	
Excessive drinking			10%	17%	
Alcohol-impaired driving deaths	48%		14%	31%	
Sexually transmitted infections	104		138	441	
Teen births	34	27-41	20	34	
Clinical Care					33
Uninsured	20%	18-22%	11%	20%	
Primary care physicians	2,254:1		1,045:1	1,294:1	
Dentists	2,690:1		1,377:1	1,291:1	
Mental health providers	320:1		386:1	376:1	
Preventable hospital stays	32	24-39	41	45	
Diabetic monitoring	79%	68-91%	90%	81%	
Mammography screening	57.2%	47.1-67.3%	70.7%	59.3%	
Social & Economic Factors					40
High school graduation	94%			83%	
Some college	63.7%	51.7-75.7%	71.0%	61.7%	
Unemployment	12.8%		4.0%	8.9%	
Children in poverty	35%	26-43%	13%	24%	
Income inequality	4.7	4.0-5.3	3.7	5.1	
Children in single-parent households	42%	28-56%	20%	32%	
Social associations	6.7		22.0	5.8	
Violent crime	214		59	425	
Injury deaths	118	94-147	50	46	
Physical Environment					2
Air pollution - particulate matter	8.7		9.5	9.3	
Drinking water violations	5%		0%	3%	
Severe housing problems	15%	12-18%	9%	29%	
Driving alone to work	69%	63-74%	71%	73%	
Long commute - driving alone	19%	13-25%	15%	37%	

* 90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data