



We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.

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## **Nutrition & Food Insecurity Profile**

## **Trinity County**

| Demographic Data         |                                |   |
|--------------------------|--------------------------------|---|
| Total Population<br>2014 | Individuals in Poverty 2009-13 | Percent of Individuals in Poverty 2009-13 |
| 13,170                   | 2,579                          | 19%                                       |

| Demographic Data: Children           |                     |                               |  |                                  |
|--------------------------------------|---------------------|-------------------------------|--|----------------------------------|
| Children 0 to 5 Years Old<br>2009-13 |                     |                               |  | All Children Under 18<br>2009-13 |
| 708                                  | 1,724               | 2,432                         |  |                                  |
| Children                             | Percent of Children | Students Eligible for Free or |  |                                  |
| in Poverty                           | in Poverty          | Reduced-Price School Meals    |  |                                  |
| 2009-13                              | 2009-13             | 2013-14                       |  |                                  |
| 743                                  | 31%                 | 1,008                         |  |                                  |

| Food Insecurity Measures |                                  |  |
|--------------------------|----------------------------------|--|
| Low-Income,              | Percent of Low-Income Households |  |
| Food-Insecure Households | That Are Food Insecure           |  |
| 2014                     | 2014                             |  |
| 23,000*                  | 50%*                             |  |

| Health Measures           |                            |  |
|---------------------------|----------------------------|--|
| Percent of Adults Who Are | Adults Ever Diagnosed with | Percent of Children in Healthy Fitness Zone: |
| Overweight or Obese       | Heart Disease              | Body Composition                             |
| 2014                      | 2011-12                    | 2012-13                                      |
| 54%*                      | 11,000*                    | 63%  |

| CalFresh      |                 |                  |                    |                 |                                 |
|---------------|-----------------|------------------|--------------------|-----------------|---------------------------------|
| Individuals   | Income-Eligible | Income-Eligible  | County Program     | PAI County Rank | Additional Economic Activity w/ |
| Participating | Individuals     | Non-Participants | Access Index (PAI) | 1 = best        | Full CalFresh Participation     |
| 15-May        | 2013            | 2013             | 2013               | 2013            | 2012                            |
| 1,812         | 3,189           | 1,628            | 0.48               | 40              | \$2,200,000                     |

| Child and Adult Care Food Program (CACFP) |   |    |
|---|---|----|
| Licensed Childcare Facilities 2012        | Children Participating in CACFP 2011-12 |    |
| 28  | 333                                     | 88 |

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| National School Lunch & Breakfast Programs  |  |  |
|---|--|--|
| Number of Low-Income Students Reached by School Lunch 2013-14                                     | Number of Low-Income Students Reached by School Breakfast 2013-14  |  |
| 656   | 431  |  |
| Percent of Low-Income Students Reached by School Lunch 2013-14                                    | Percent of Low-Income Students Reached by School Breakfast 2013-14   |  |
| 65%   | 43%  |  |
| Percent of School Lunch Participants Who Also Eat School Breakfast:  Low-Income Students  2013-14 | Additional Federal Meal Reimbursements That Could Be Received per School Year with Increased Breakfast Participation 2013-14 |  |
| 66%   | \$72,000   |  |

| Summer Meal Programs   |   |  |
|--|---|--|
| Summer Meal Program Participation Among Low-Income Children 2014 | Percent of School Lunch Participants Reached During the Summer 2014 |  |
| 23   | 4%  |  |

| WIC & Breastfeeding Measures                  |  |  |
|---|--|--|
| WIC Participants Served by County Agency 2013 | Breastfeeding: In-Hospital Initiation 2012 | Exclusive Breastfeeding: In-Hospital Initiation 2012 |
| Coming Soon                                   | 96%  | 90%  |

Values marked by an asterisk (\*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

Blank values indicate that data were not available.

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California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians' access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.

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