

# County Health Rankings & Roadmaps

Building a Culture of Health, County by County

## Trinity (TR)

	Trinity County	Error Margin	Top U.S. Performers <sup>^</sup>	California	Rank (of 57)
<b>Health Outcomes</b>					<b>54</b>
<b>Length of Life</b>					<b>56</b>
Premature death	10,300	8,200-12,400	5,200	5,300	
<b>Quality of Life</b>					<b>28</b>
Poor or fair health**	15%	15-16%	12%	17%	
Poor physical health days**	4.1	3.9-4.3	2.9	3.8	
Poor mental health days**	4.1	4.0-4.2	2.8	3.6	
Low birthweight	6%	4-7%	6%	7%	
<b>Health Factors</b>					<b>42</b>
<b>Health Behaviors</b>					<b>44</b>
Adult smoking**	15%	14-16%	14%	12%	
Adult obesity	27%	21-34%	25%	23%	
Food environment index	6.1		8.3	7.7	
Physical inactivity	20%	15-27%	20%	17%	
Access to exercise opportunities	89%		91%	94%	
Excessive drinking**	16%	16-17%	12%	18%	
Alcohol-impaired driving deaths	57%	49-64%	14%	30%	
Sexually transmitted infections	81.3		134.1	439.9	
Teen births	35	28-43	19	32	
<b>Clinical Care</b>					<b>56</b>
Uninsured	20%	18-22%	11%	19%	
Primary care physicians	3,360:1		1,040:1	1,270:1	
Dentists	2,200:1		1,340:1	1,260:1	
Mental health providers	280:1		370:1	360:1	
Preventable hospital stays	59	49-69	38	41	
Diabetic monitoring	72%	61-83%	90%	81%	
Mammography screening	55%	45-65%	71%	59%	
<b>Social &amp; Economic Factors</b>					<b>33</b>
High school graduation	96%		93%	85%	
Some college	66%	55-78%	72%	62%	
Unemployment	9.9%		3.5%	7.5%	
Children in poverty	32%	23-41%	13%	23%	
Income inequality	4.8	4.1-5.4	3.7	5.2	
Children in single-parent households	33%	22-44%	21%	32%	
Social associations	5.2		22.1	5.8	
Violent crime	214		59	425	
Injury deaths	125	100-154	51	46	
<b>Physical Environment</b>					<b>8</b>
Air pollution - particulate matter	8.7		9.5	9.3	
Drinking water violations	Yes		No		
Severe housing problems	18%	14-21%	9%	29%	
Driving alone to work	68%	62-73%	71%	73%	
Long commute - driving alone	19%	13-25%	15%	38%	

<sup>^</sup> 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

\*\* Data should not be compared with prior years due to changes in definition/methods

2016