

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Tulare (TU)

| | Tulare County | Error Margin | Top U.S. Performers [^] | California | Rank (of 57) |
|--------------------------------------|---------------|--------------|----------------------------------|------------|--------------|
| Health Outcomes | | | | | 51 |
| Length of Life | | | | | 39 |
| Premature death | 6,900 | 6,700-7,200 | 5,200 | 5,300 | |
| Quality of Life | | | | | 56 |
| Poor or fair health** | 26% | 25-26% | 12% | 17% | |
| Poor physical health days** | 4.9 | 4.7-5.1 | 2.9 | 3.8 | |
| Poor mental health days** | 4.4 | 4.2-4.5 | 2.8 | 3.6 | |
| Low birthweight | 6% | 6-6% | 6% | 7% | |
| Health Factors | | | | | 55 |
| Health Behaviors | | | | | 56 |
| Adult smoking** | 15% | 15-16% | 14% | 12% | |
| Adult obesity | 30% | 25-34% | 25% | 23% | |
| Food environment index | 7.0 | | 8.3 | 7.7 | |
| Physical inactivity | 18% | 15-22% | 20% | 17% | |
| Access to exercise opportunities | 68% | | 91% | 94% | |
| Excessive drinking** | 17% | 16-17% | 12% | 18% | |
| Alcohol-impaired driving deaths | 36% | 33-39% | 14% | 30% | |
| Sexually transmitted infections | 523.9 | | 134.1 | 439.9 | |
| Teen births | 59 | 58-60 | 19 | 32 | |
| Clinical Care | | | | | 49 |
| Uninsured | 21% | 20-23% | 11% | 19% | |
| Primary care physicians | 2,350:1 | | 1,040:1 | 1,270:1 | |
| Dentists | 2,130:1 | | 1,340:1 | 1,260:1 | |
| Mental health providers | 460:1 | | 370:1 | 360:1 | |
| Preventable hospital stays | 52 | 50-54 | 38 | 41 | |
| Diabetic monitoring | 80% | 78-83% | 90% | 81% | |
| Mammography screening | 58% | 55-60% | 71% | 59% | |
| Social & Economic Factors | | | | | 55 |
| High school graduation | 86% | | 93% | 85% | |
| Some college | 43% | 42-45% | 72% | 62% | |
| Unemployment | 13.2% | | 3.5% | 7.5% | |
| Children in poverty | 37% | 33-41% | 13% | 23% | |
| Income inequality | 4.7 | 4.5-5.0 | 3.7 | 5.2 | |
| Children in single-parent households | 36% | 34-38% | 21% | 32% | |
| Social associations | 4.7 | | 22.1 | 5.8 | |
| Violent crime | 453 | | 59 | 425 | |
| Injury deaths | 51 | 48-54 | 51 | 46 | |
| Physical Environment | | | | | 55 |
| Air pollution - particulate matter | 10.3 | | 9.5 | 9.3 | |
| Drinking water violations | Yes | | No | | |
| Severe housing problems | 29% | 28-30% | 9% | 29% | |
| Driving alone to work | 75% | 74-77% | 71% | 73% | |
| Long commute - driving alone | 25% | 24-26% | 15% | 38% | |

[^] 10th/90th percentile, i.e., only 10% are better.

Note: Blank values reflect unreliable or missing data

** Data should not be compared with prior years due to changes in definition/methods

2016